

NutriHeal Project

Community-Based Nutrition Support
Initiative for Tuberculosis (TB) Patients



Nourishing Recovery. Restoring Hope.



**PaaVai
Foundation**

Care for Life

**PaaVai
Community**
- CONNECT 360 -

Tuberculosis: A Continuing Public Health Challenge



Tuberculosis (TB) remains one of the world's most significant public health concerns, affecting millions of individuals every year.



While effective medical treatment is available, recovery often becomes more challenging when patients experience malnutrition, reduced immunity, and limited access to nutritious food.



Supporting TB patients requires a holistic approach that extends beyond medicine.



Nutrition Support for TB Patients

Proper nutrition plays a vital role in helping the body fight infection and recover from illness.

Adequate nutritional support can



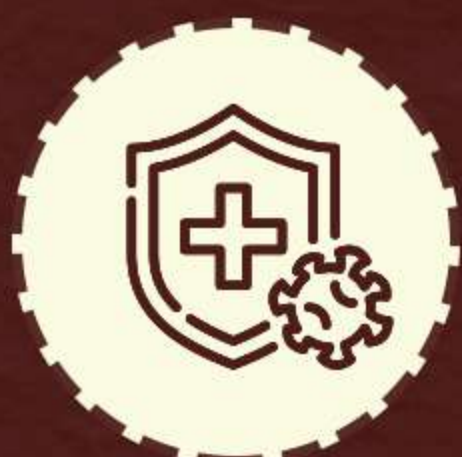
Strengthen the
immune system



Improve the body's
response to treatment



Restore energy and
healthy body weight



Reduce the risk of
complications



Support faster and more
sustainable recovery

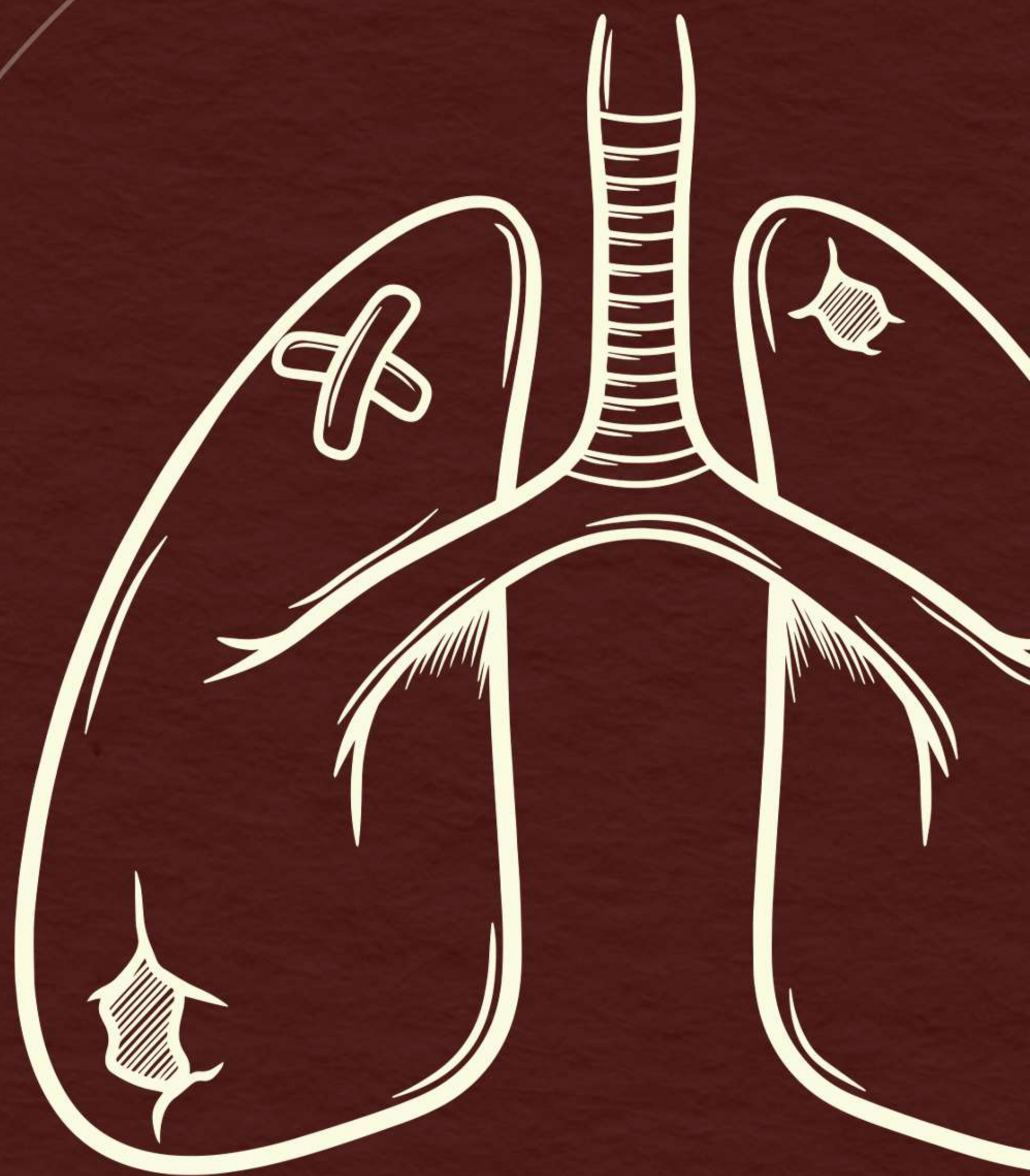


Addressing the Hidden Challenge

Malnutrition and tuberculosis often create a cycle that is difficult to break.

Poor nutrition weakens immunity, increasing vulnerability to infection, while TB further reduces appetite and causes significant weight loss.

Breaking this cycle requires both medical treatment and sustained nutritional care.



About the Nutri Heal Project

Recognizing the critical role of nutrition in recovery, Paavai Foundation launched the Nutri Heal Project, a community-based nutrition support initiative dedicated to improving the health and well-being of Tuberculosis (TB) patients.

The project complements government healthcare services by addressing nutritional deficiencies, promoting healthy practices, and encouraging family participation throughout the recovery journey.

Through compassionate intervention, Nutri Heal empowers patients to recover with dignity, resilience, and hope.



Our Vision

**Nourishing Health.
Restoring Hope.
Strengthening Communities.**

At Paavai Foundation, we believe that every individual deserves the opportunity to recover in an environment supported by proper nutrition, informed healthcare, and compassionate community care.

Nutri Heal reflects our commitment to building healthier families and stronger communities through integrated health interventions.



Project Objectives

The Nutri Heal Project is designed to



Improve the nutritional status of Tuberculosis (TB) patients.



Support faster recovery and improve treatment adherence.



Reduce weight loss and prevent malnutrition during treatment.



Strengthen immunity through balanced nutritional support.



Increase awareness of healthy eating, hygiene, and wellness practices.



Encourage active family participation in patient care and recovery.



Tirupathur District

11/06/2026
&
27/06/2026

Nutri Heal Project



Tiruvannamalai District

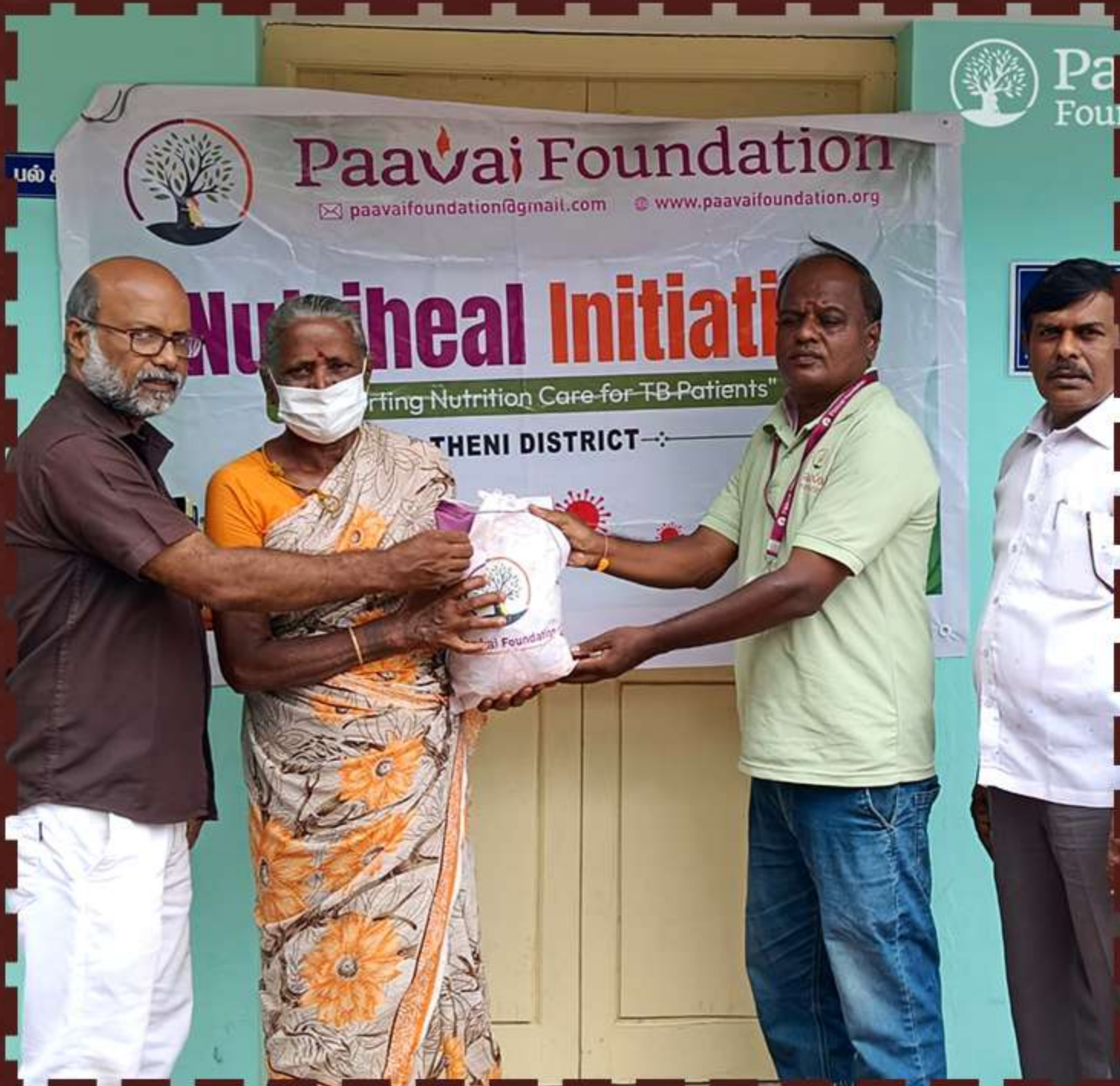
3/06/2027
&
01/07/2026



Chengam Block, Chengam Govt. Hospital

Theni District

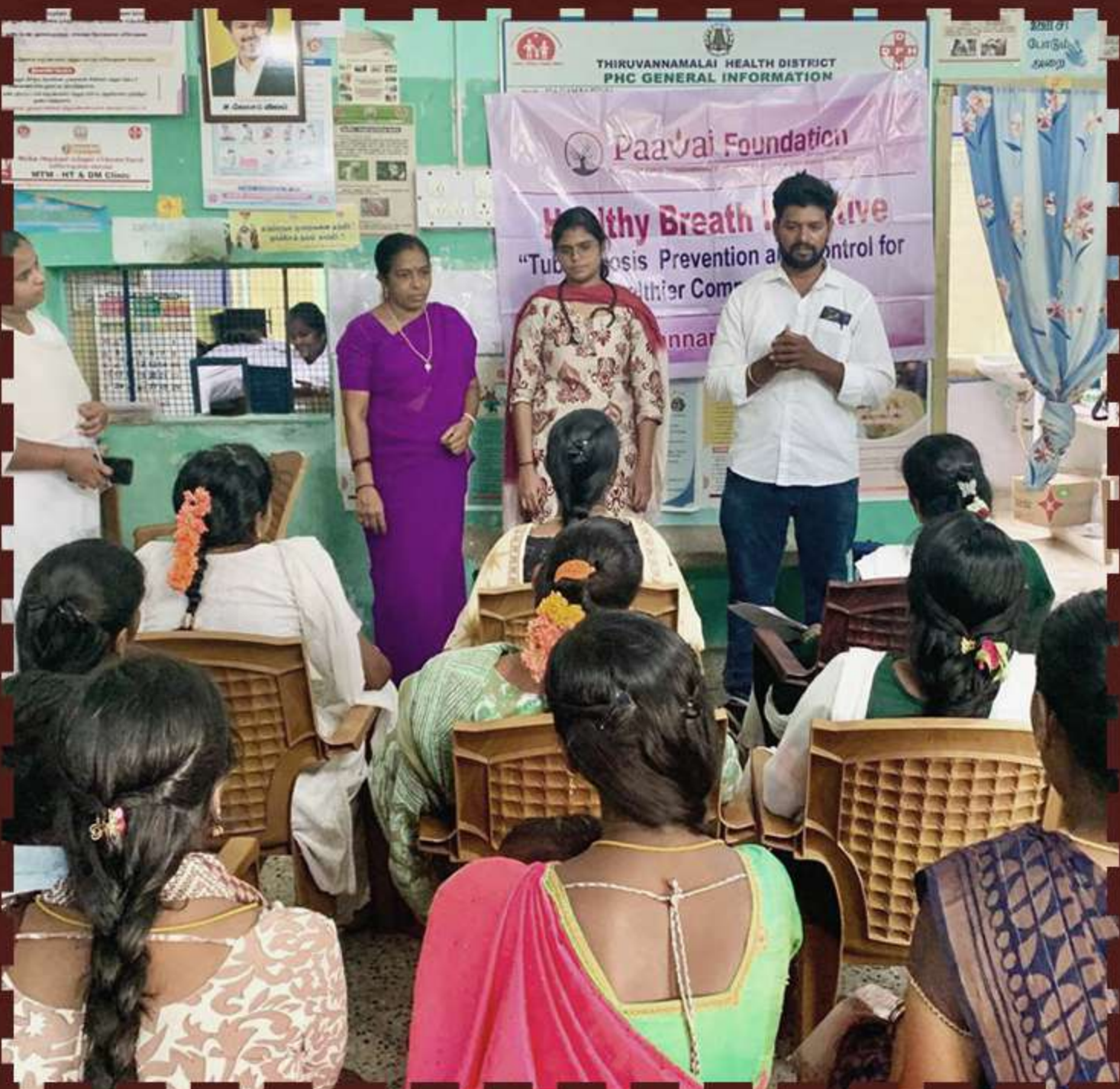
09/06/2026
&
11/06/2026



- 📍 Mayildumparai Block, Kadamalaigundu Primary Health Center
- 📍 Theni Block, Samathuvapuram Urban Primary Health Centre

Ramanathapuram District

29/05/2026
&
25/06/2026



Ramanathapuram Block, Govt. Hospital Ramanathapuram

Virudhunagar District

6/6/2026
&
09/7/2026



Namakkal District

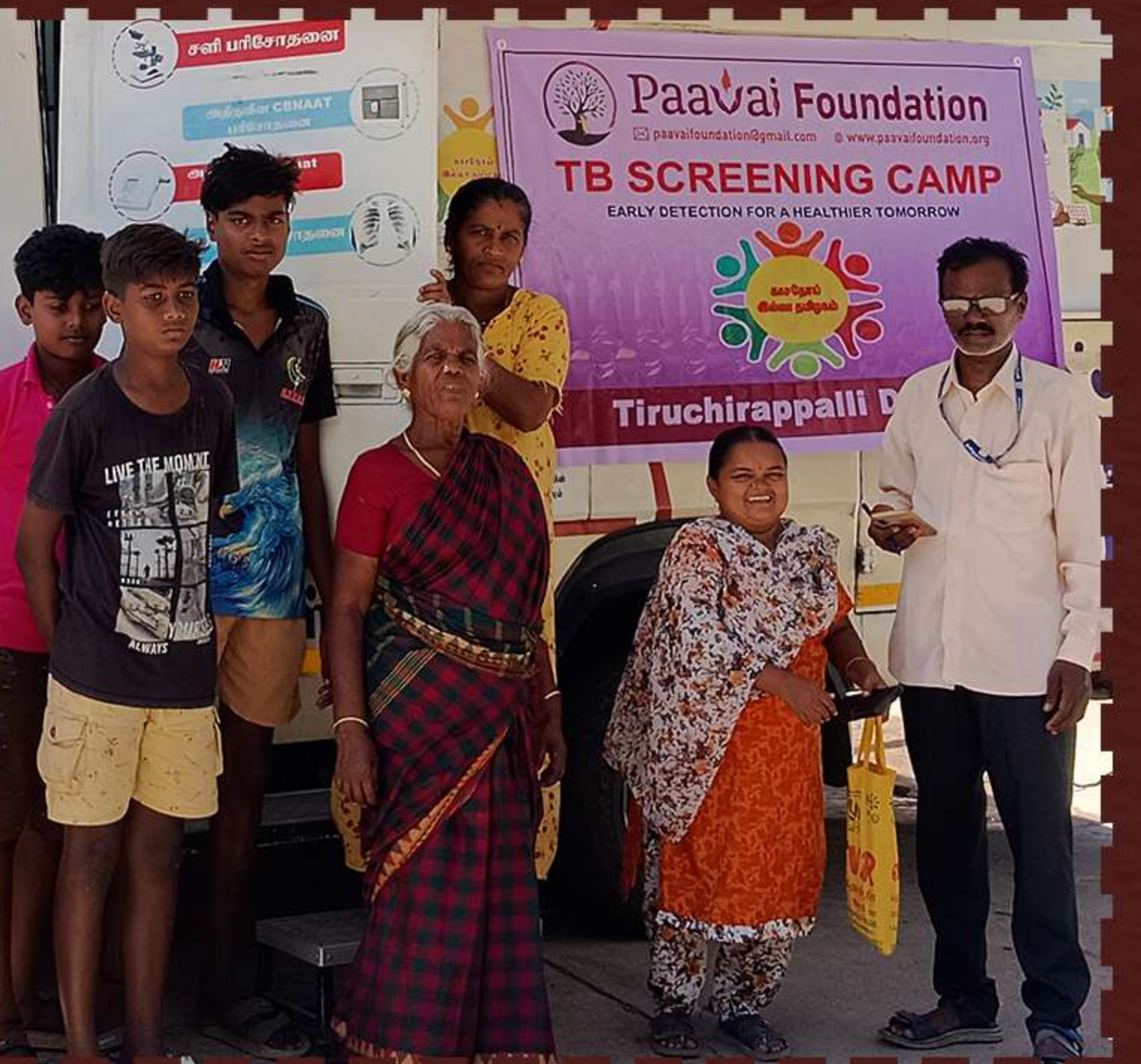
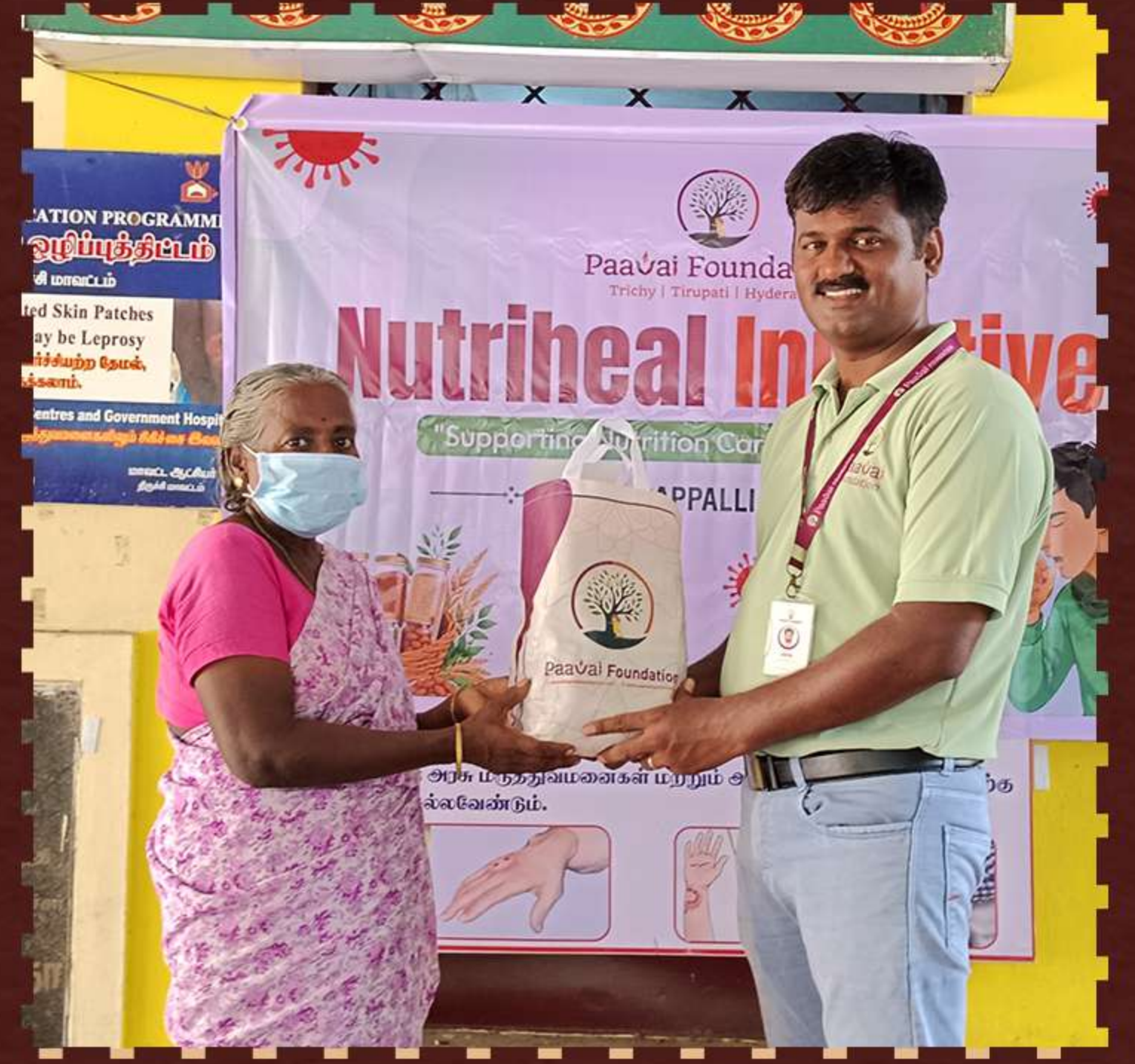
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&
01/07/2026



Namakkal Block, Govt. Medical College & Hospital, Namakkal

Tiruchirappalli District

02/06/2026
&
08/07/2026



📍 Anthanallur Block, Primary Health Care Centre, Anthanallur &
Primary Health Care Centre, Kulumani

Karur District

26/05/2026
&
27/06/2026



Madurai District

6/04/2026
&
7/04/2026



 Tirumangalam Block, Govt. Hospital, Tirumangalam

Sivagangai District

18/062026



Pudukkottai District

30/05/2026
&
04/07/2026



Pudukkottai Block, TB Sanitorium, Pudukkottai

Krishnagiri District

03/06/2026
&
1/7/2026



Paavai Foundation's Commitment



At Paavai Foundation,
we believe that healthcare
extends beyond treatment.



By integrating nutrition,
awareness, family support,
and community participation,
we strive to create an environment
where every individual has the
opportunity to recover with
dignity, hope, and confidence.



Nutri Heal reflects our
unwavering commitment
to building healthier
communities through
compassionate and
sustainable interventions.



Better Nutrition. Better Recovery. Better Lives.



Together, we are transforming recovery into
resilience and care into lasting impact.



Paavai
Foundation

Care for Life



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/Paavai.india