



INTERNATIONAL

YOGA DAY

— 2026 —

Yoga for Wellness,
Wisdom, & World Peace



Paavai
Community
CONNECT 360

An Initiative by
Paavai Foundation



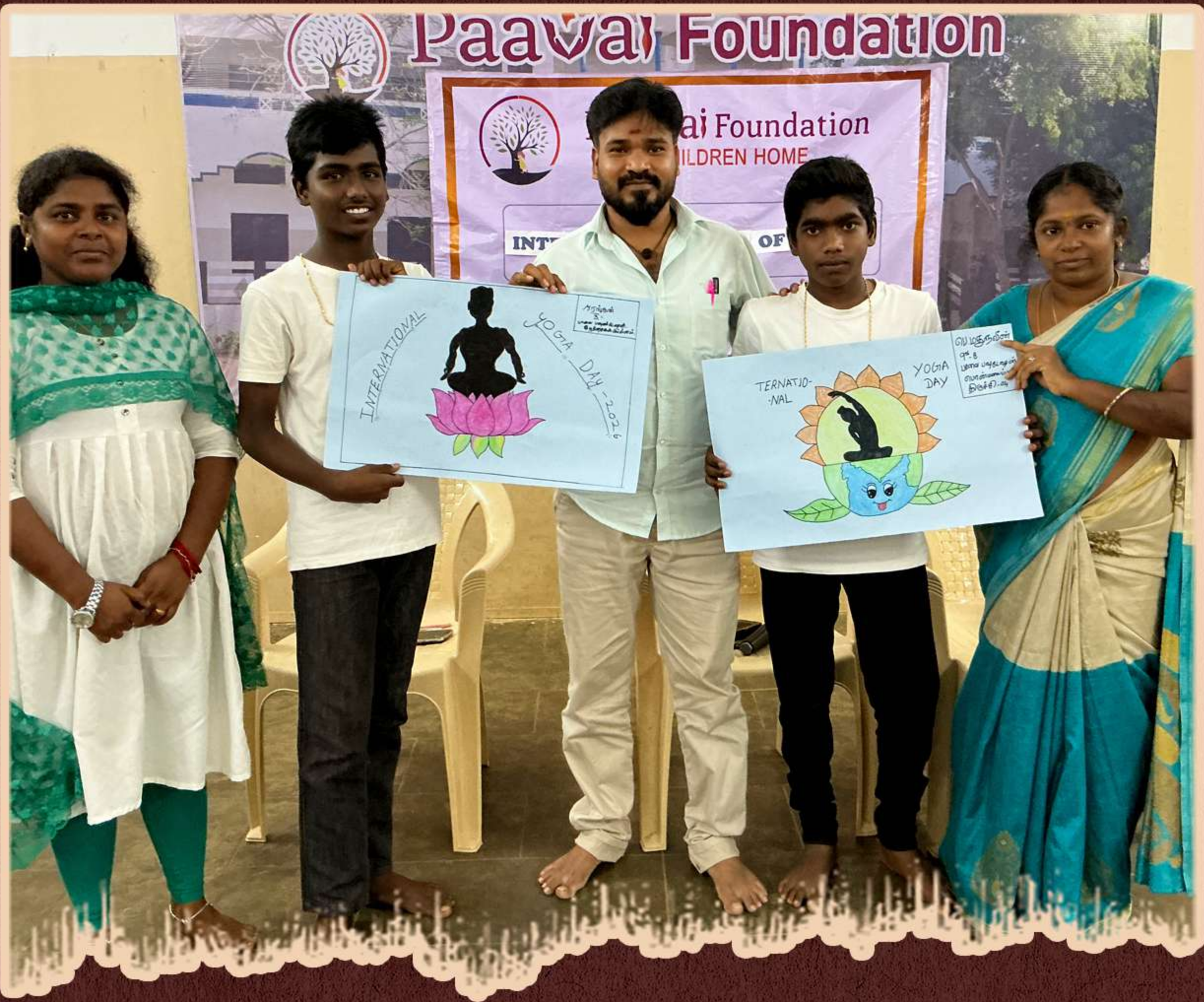
Every movement towards better health matters.

International Yoga Day is a global reminder that good health begins with prevention, healthy lifestyles, and community participation. Yoga promotes physical well-being, mental resilience, and emotional balance, empowering people of all ages to lead healthier and more fulfilling lives.





Tiruchirappalli District



Childrens

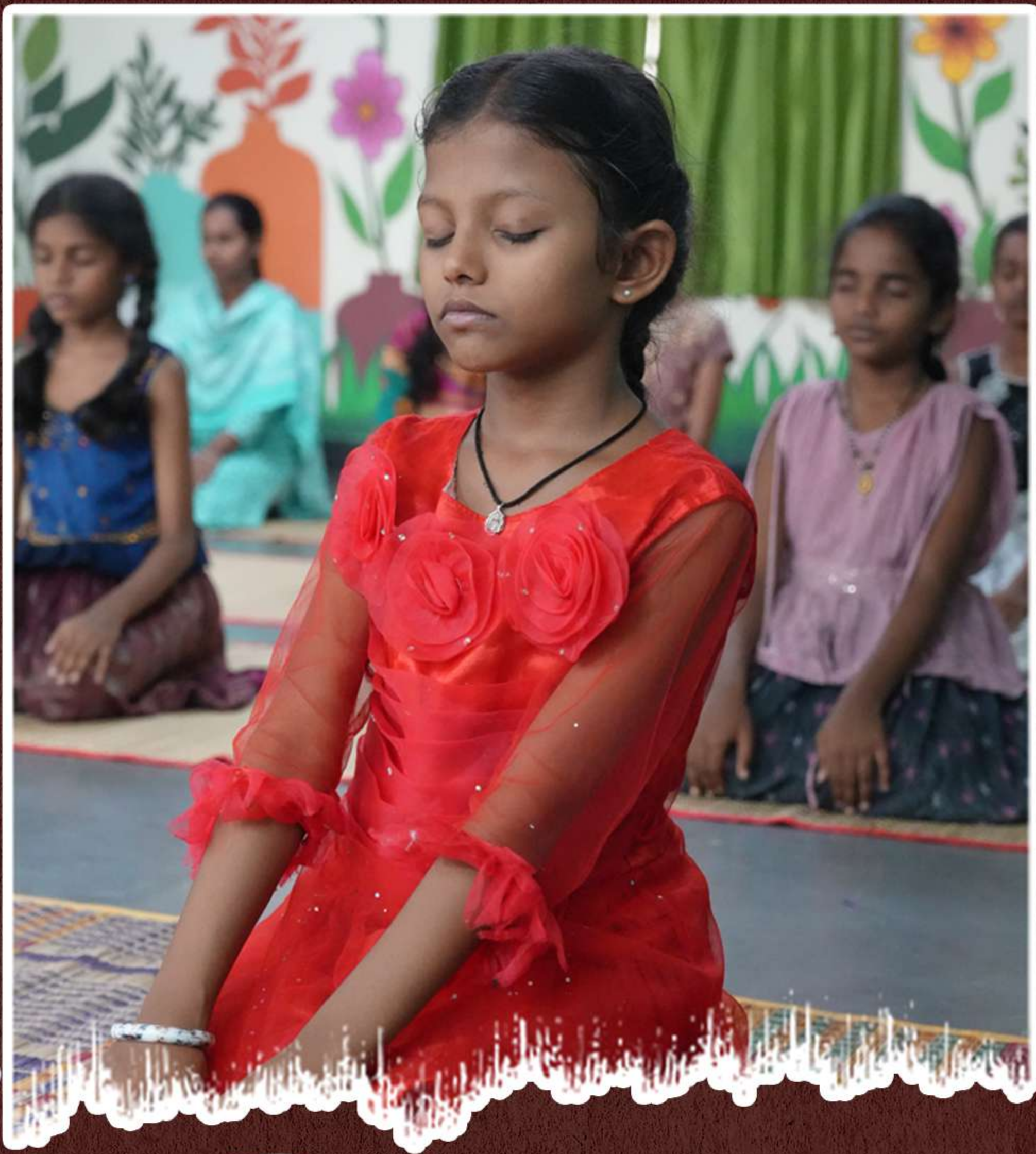


Paavai Foundation - Tiruchirapalli





Tirupati

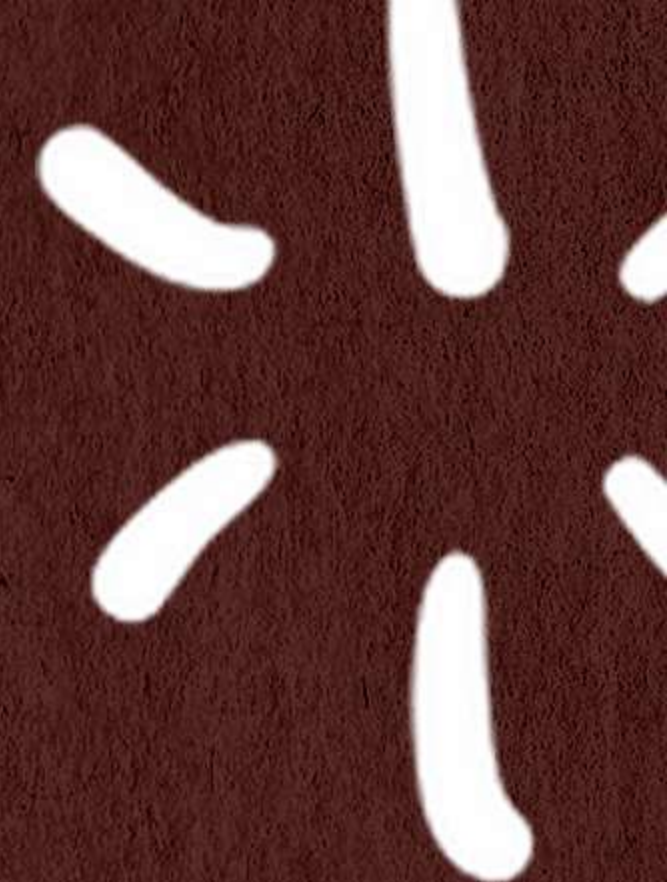


Childrens



Paavai Foundation - Tirupati





Tirupati



School Childrens



MNR English Medium School - Tirupati





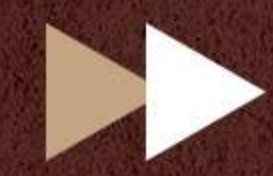
Hyderabad



Childrens



Paavai Foundation - Hyderabad



Tirupathur District



ANC Mother



Primary Health Center - Kakkanampaliyam

Tiruvannamalai District



ANC Mother



Primary Health Center - Melpennathur



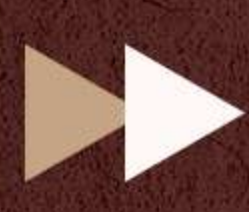
Krishnagiri District



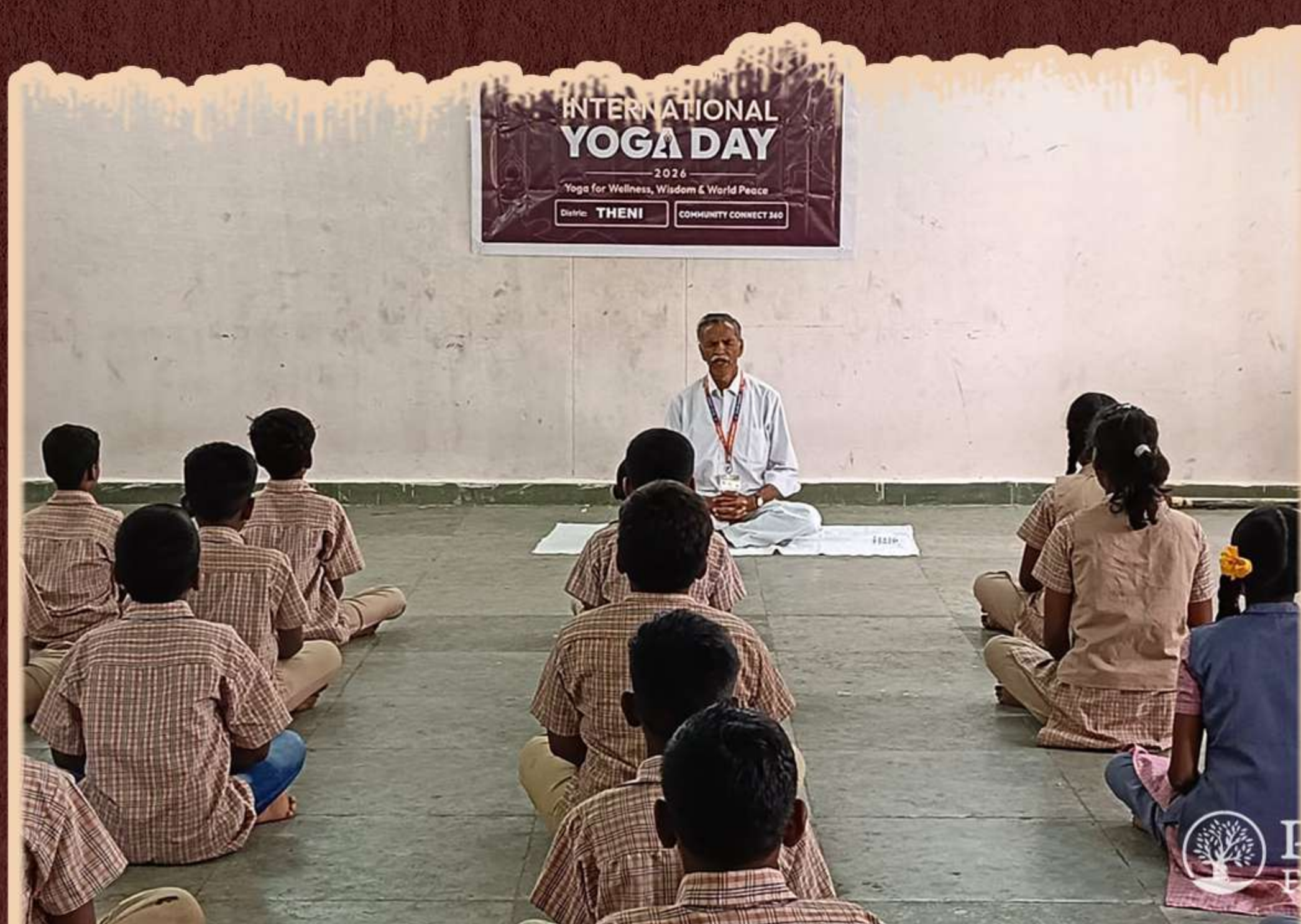
School Childrens



Mathurakali Higher Secondary School - Madanahali Village



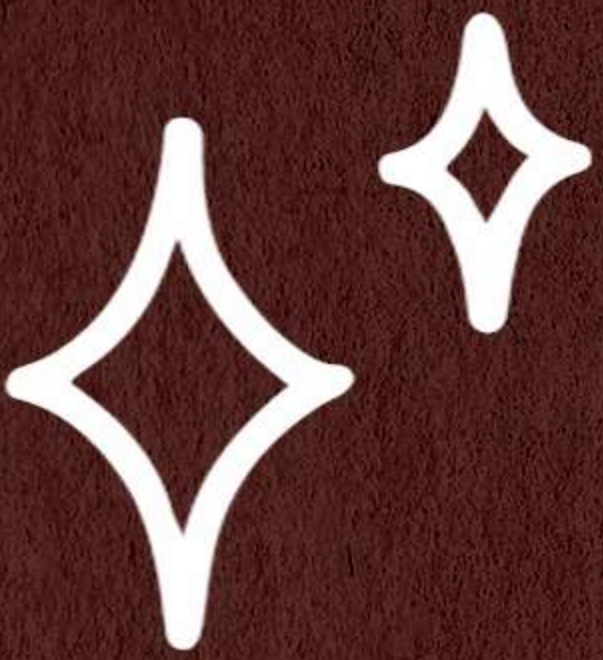
Theni District



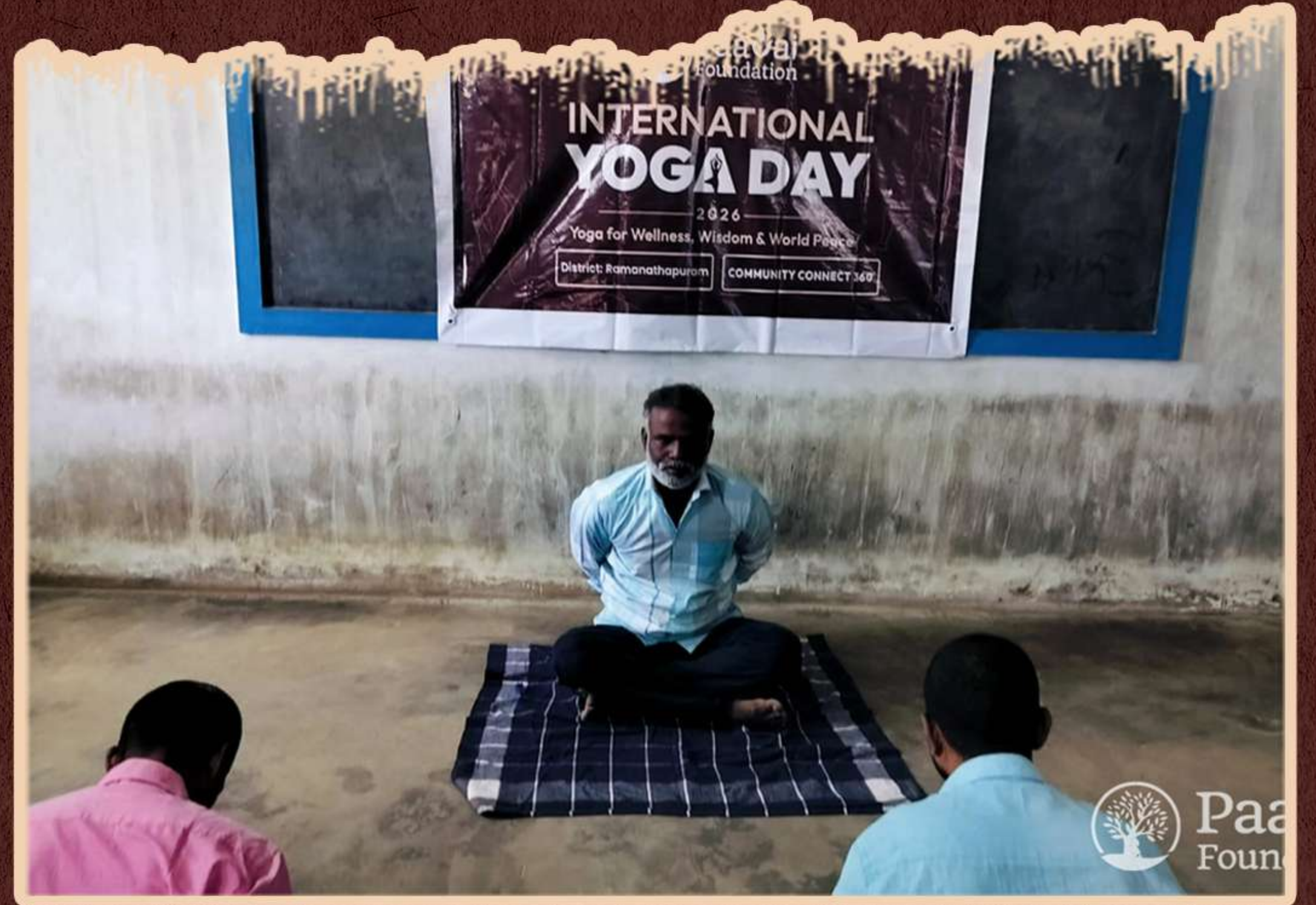
School Childrens



Govt. Higher Secondary School - Gandhipuram



Ramanathapuram District



Elderly Citizens



Chest in Half Way Home - Valantharavai Village





Karur District



School Childrens



Panchayat union Primary School - Thogamalai Village



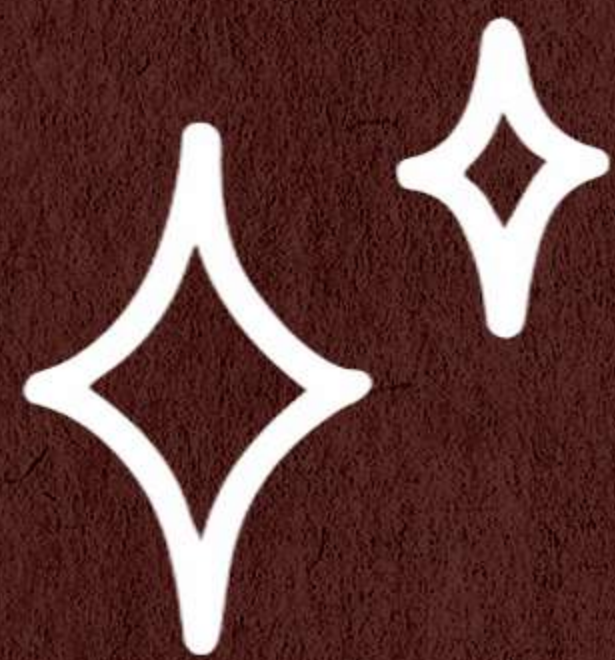
Pattukkottai District



School Childrens



Ranees Girls Govt. Higher Secondary School - Puthukkottai



Virudhunagar District



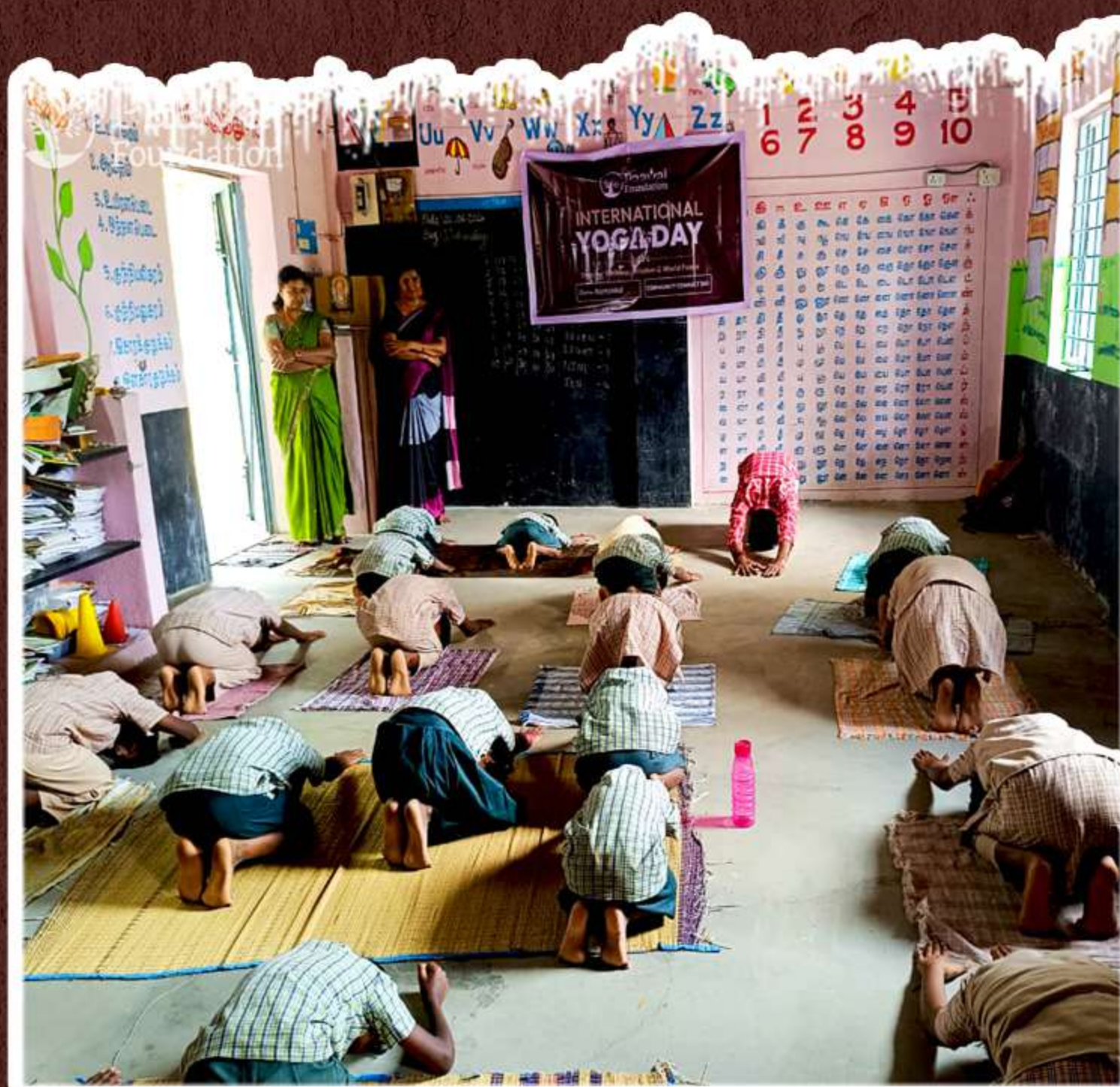
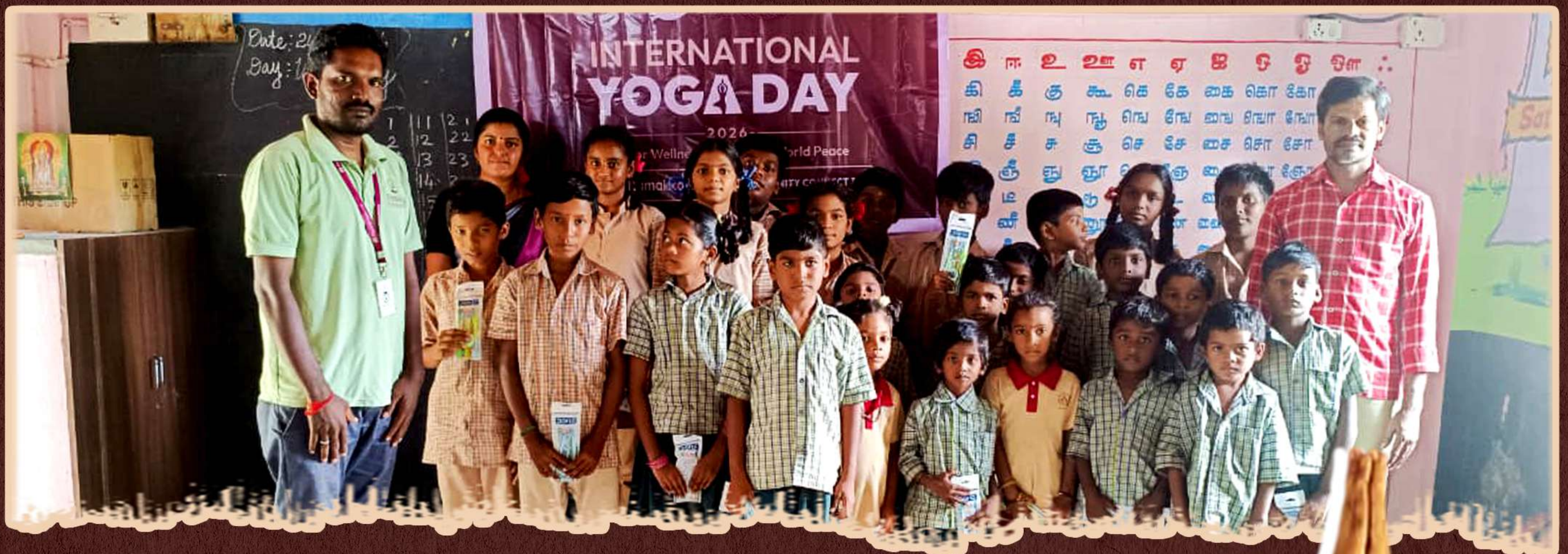
School Childrens



Govt. Middle School - Pethampatty Village



Namakkal District



School Childrens



Govt. Middle School - Moolipatty

Because

WELLNESS

should reach

EVERYONE

COMMUNITY
CONNECT

360

is our commitment to taking health,
awareness, and well-being beyond
events and into everyday life.



School Children



College Students



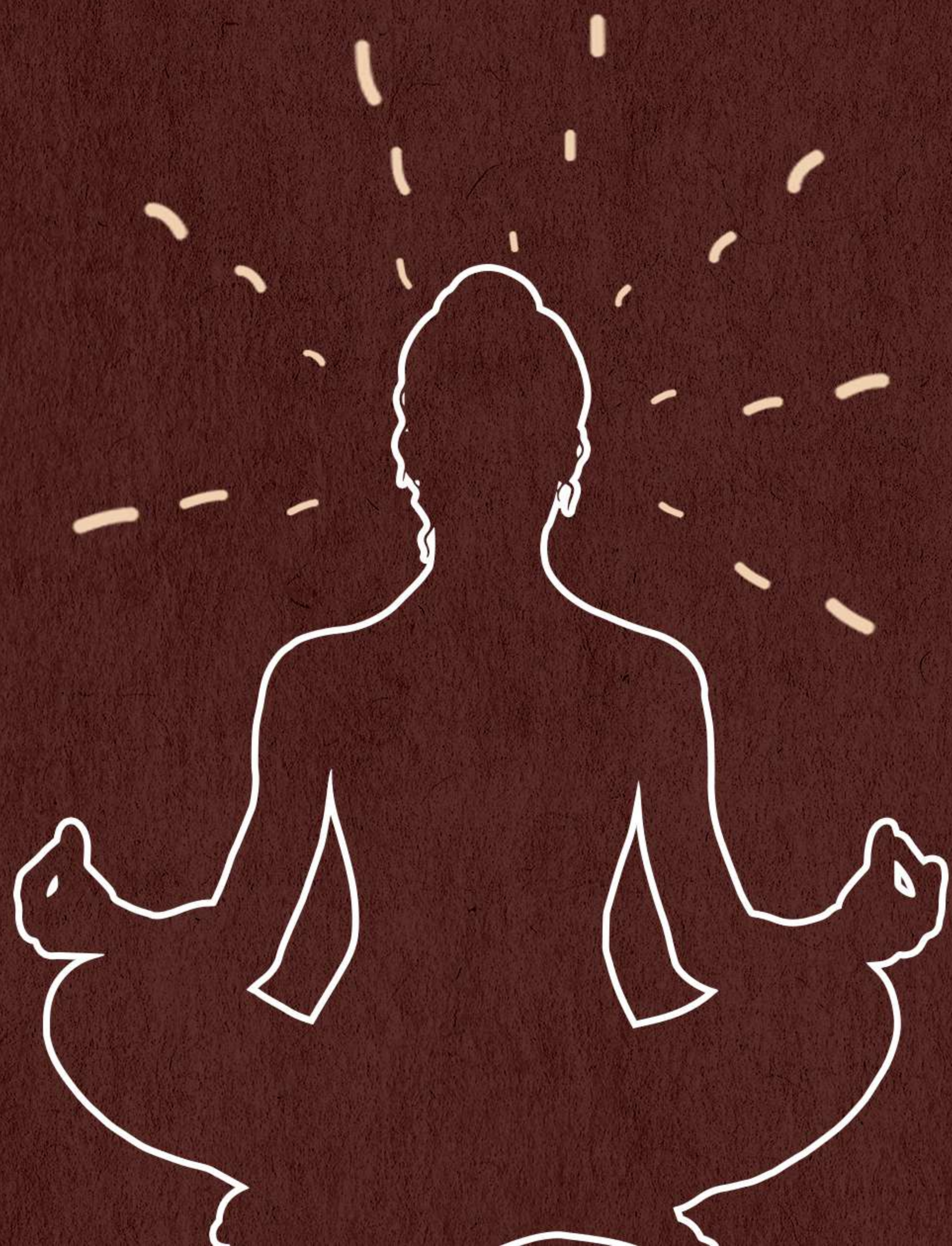
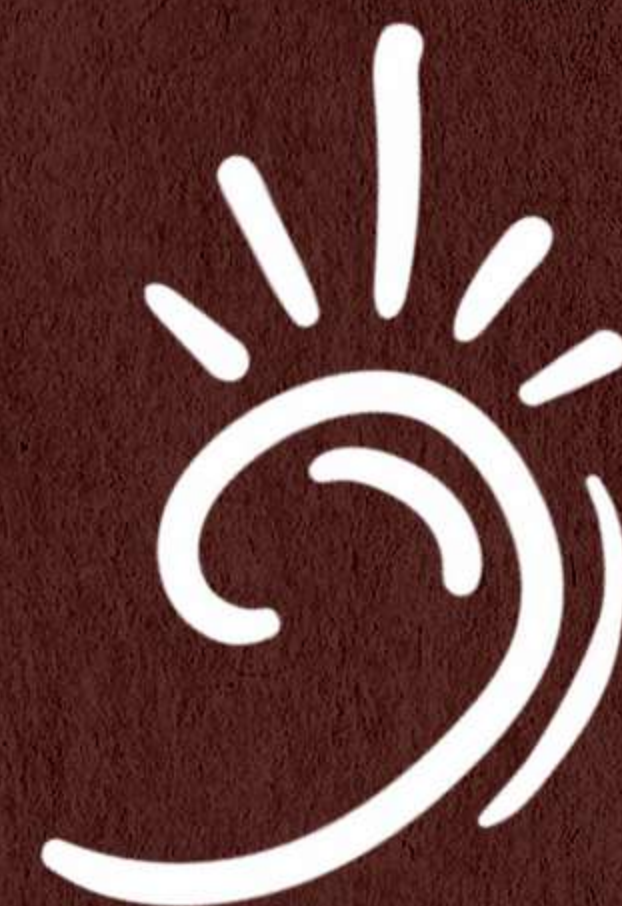
Antenatal Mothers



Elderly Citizens



Community Members



Building healthier
communities.
TOGETHER.



Paavai
Foundation

Care for Life

    /Paavai.india

www.paavaiindia.org