



PAAVAI FOUNDATION

ANNUAL REPORT (2025-2026)



88K+

LIVES REACHED
& IMPACTED



1,329

COMMUNITY
PROGRAMS



8,018

SAFETY
EDUCATION



2,300+

WOMEN
EMPOWERED



**Real change happens
when we work together
for children**

-Together, we are building
a better future

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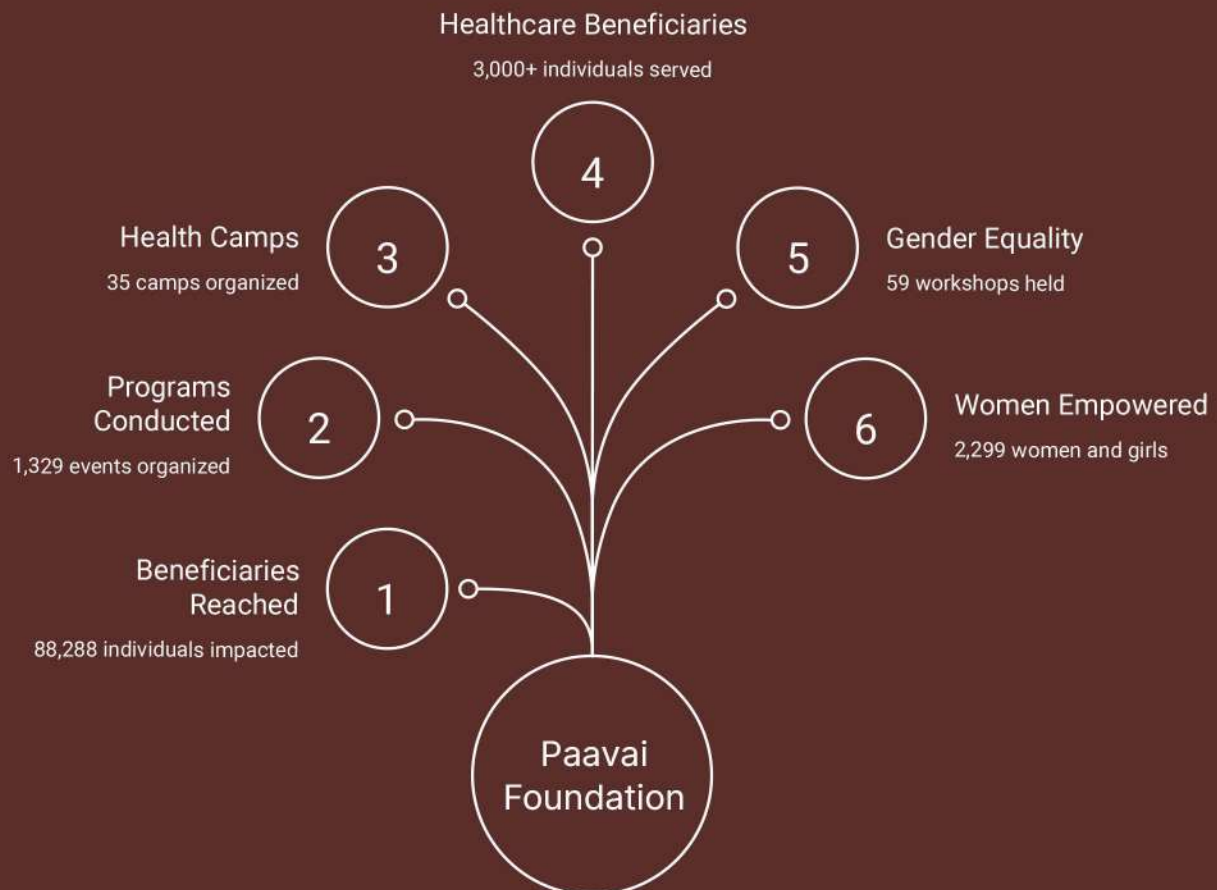
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OVERVIEW OF THE YEAR

Our outreach initiatives reached thousands of individuals, addressing crucial issues such as health, education, and gender equality. This report provides a comprehensive overview of our efforts and achievements throughout the year, highlighting the impact of our programs and the progress we have made towards our mission of fostering sustainable development.

PAAVAI'S IMPACTFUL YEAR



KEY HIGHLIGHTS

1. Health Initiatives:

We implemented a wide range of health awareness programs focusing on the prevention and treatment of various diseases. Our efforts included conducting medical camps and providing essential healthcare services to underserved communities. We conducted around 35 health camps and programs that benefitted over 3,000 individuals.

2. Educational Programs:

Our educational initiatives aimed to bridge the digital divide and enhance the quality of education in rural areas. We provided digital literacy training, vocational skills workshops, and supported local schools to improve their infrastructure and resources.

3. Gender Equality Efforts:

We conducted numerous workshops and events to empower women and girls. These programs focused on raising awareness about their rights, providing vocational training, and addressing issues such as domestic violence and gender discrimination. We hosted 59 workshops addressing domestic violence and gender equality, empowering over 2,299 women and girls by raising awareness.

4. Community Engagement:

Our community engagement activities were designed to foster a sense of belonging and support among community members. We strive to provide a safe and nurturing environment for orphaned, abandoned, and vulnerable children through our Child Care Institutions. We organized various events and campaigns to promote health, education, and gender equality, and to address pressing social issues.

5. Collaborations and Partnerships:

We forged strategic partnerships with local governments, non-governmental organizations, and other stakeholders to amplify our impact. These collaborations enabled us to leverage resources, share expertise, and extend our reach to more communities.



IMPACT AND REACH

- **Beneficiaries:** 88,288 participants directly benefitted from our programs and initiatives. These beneficiaries include children, women, students, farmers and underserved communities who gained access to healthcare, education, and empowerment opportunities.

- **Programs and Events:** We conducted 1,329 programs and events throughout the year, each carefully designed to address specific community needs and contribute to the Sustainable Development Goals (SDGs).

MESSAGE FROM THE PRESIDENT

With immense pride and gratitude, I present to you the Paavai Foundation Annual Report for the year 2025-2026. This year has been a remarkable journey for us, marked by significant achievements and impactful initiatives that created measurable positive impact to the communities we serve. Reflecting on our journey, I am reminded of the countless individuals whose lives have been touched by our programs. From health awareness campaigns to educational initiatives, our efforts have been guided by a deep commitment to fostering sustainable development and improving the quality of life for all. Our health initiatives have been particularly noteworthy.



We conducted various health awareness programs reaching over 5,000 beneficiaries, addressing critical issues such as drug abuse prevention, HIV/AIDS awareness, tuberculosis control, and mental health. Our medical and eye camps provided essential healthcare services to over 3,000+ individuals, many of whom had limited access to such services. VITAL-CARE Project which supports children with vitamin deficiencies through nutrition, supplementation, and awareness for better health. Our collaboration with local schools has helped create better learning environments for over 400 students, ensuring that they receive quality education and the support they need to succeed. Gender equality has been a cornerstone of our work this year. The Protecting the Protectors initiative was carried out to safeguard health, safety, and dignity of sanitation workers who play a critical role in maintaining public hygiene.

These achievements would not have been possible without the unwavering support of our dedicated team, partners, and stakeholders. Your contributions through time, resources, and expertise have been invaluable in driving our mission forward. I extend my heartfelt gratitude to each one of you for your commitment to our cause. As we look ahead, we remain steadfast in our resolve to expand our reach and enhance the quality of our programs. We are committed to continuously assessing and improving our strategies to ensure maximum impact and sustainability. Our focus will be on deepening our engagement with communities, forging new partnerships, and leveraging innovative solutions to address the pressing issues. Together, we have made substantial strides towards creating a brighter, more equitable future. I am confident that with your continued support, we will achieve even greater heights in the years to come. Thank you for being a part of this journey. Let us continue to work together to make a meaningful difference in the lives of many.

Sincerely
Mrs. Venilla Rathinasamy
President
Paavai Foundation

ABOUT PAAVAI FOUNDATION

The Paavai Foundation was initiated in 2021 by a group of dedicated individuals passionate about making a difference in the lives of underprivileged and vulnerable communities. The founding members recognized the pressing need for a structured and sustained effort to address issues such as education, health, gender equality, and disaster relief. Their vision was to create an organization that could provide comprehensive support to marginalized groups, particularly focusing on children, women, and families living in poverty. After two years of careful planning, grassroots engagement, and pilot projects, the Paavai Foundation was legally established in 2023. This formal recognition allowed the foundation to expand its reach, secure necessary funding, and build strategic partnerships.

The Paavai Foundation is an independent, non-governmental, and non-profit organization dedicated to the upliftment and sustainable development of underprivileged children, women, and vulnerable families. Operating across 12 districts in Tamil Nadu, our outreach efforts focus on providing essential support and opportunities to the most marginalized segments of society. We manage Child Care Institutions (CCIs) in Coimbatore and Chennai in strict adherence to the Juvenile Justice Act 2015. Our commitment extends beyond the walls of children's homes, encompassing broader social actions aimed at empowering entire communities. Our foundation is built on the firm belief that every girl deserves a secure environment where she can realize her full potential. Our mission is to build a world where girls are respected, empowered, and valued for their capabilities.

The Paavai Foundation is dedicated to providing girls who have faced difficult circumstances with a caring and supportive home. Whether orphaned, abandoned, or in need of a safe haven, these children find stability, education, and a chance at a brighter future through our programs. Our approach is holistic, prioritizing education, healthcare, psychological wellness, and skill development, all within a secure living environment. We are committed to the principle of equality, ensuring that every girl's dreams and aspirations are respected and nurtured without discrimination.





MISSION

The mission of the Paavai Foundation is to offer stability, education, and a chance at a brighter future to underprivileged children, particularly girls. We provide stability, education, and empowerment to underprivileged girls through safe homes, healthcare, and skill development. We are committed to the principle of equality, where every girl's dreams and aspirations are valued and nurtured without discrimination. Our programs aim to create a secure, supportive environment that promotes holistic development and empowerment.

VISION

The primary vision of the Paavai Foundation is to foster women's empowerment by providing them with the necessary tools, opportunities, and support to lead fulfilling lives, both personally and professionally. We envision a society where women and girls are respected, empowered, and valued for their potential, contributing meaningfully to their communities and beyond.

OBJECTIVES

1. Empowerment of Women and Girls:

- To create programs that provide educational opportunities, vocational training, and life skills development for women and girls.
- To raise awareness about women's rights and gender equality through community outreach and advocacy.

2. Health and Well-being:

- To ensure access to healthcare services, including mental health support, for underprivileged children and women.
- To conduct health awareness campaigns addressing critical issues such as nutrition, hygiene, and preventive healthcare.

3. Education:

- To support the education of underprivileged children through scholarships, tutoring programs, and school supplies.
- To promote digital literacy and vocational training that enhances employability and self-sufficiency.

4. Child Protection:

- To provide a safe and nurturing environment for orphaned, abandoned, and vulnerable children through our Child Care Institutions.
- To advocate for child rights and work towards the elimination of child labour and abuse.

5. Community Development:

- To implement social empowerment initiatives that address the needs of entire communities, fostering sustainable development.
- To collaborate with local governments, NGOs, and other stakeholders to amplify our impact.



Women
Empowerment



Health and
Well-being



Education



Child
Protection



Community
Development

OUR GOALS

Building stronger communities. Empowering lives. Creating a better tomorrow.



Expand Our Reach

To expand our programs to reach more districts in Tamil Nadu and beyond, impacting a larger number of beneficiaries.



Enhance Quality & Scope

To enhance the quality and scope of our educational and health initiatives, ensuring that they meet the evolving needs of the communities we serve.



Build Strong Partnerships

To build strong partnerships with like-minded organizations, leveraging resources and expertise for greater impact.



Evaluate & Improve

To continuously evaluate and improve our programs, ensuring they are effective, sustainable, and aligned with our mission and vision.





PAAVAI FOUNDATION – TRICHY

An Integrated Home for Care, Growth, and Dignity

Paavai Foundation – Trichy stands as a fully integrated care ecosystem, bringing together children and senior citizens under one compassionate and structured environment.

This home is designed to provide safety, stability, and a sense of belonging, ensuring that every individual—child or elder—experiences care with dignity and purpose.

It is a community built on care, connection, and continuity.



PAAVAI FOUNDATION – TIRUPATI

Integrated Child Development Centre

• Care • Intervention • Development

Paavai Foundation – Tirupati is a dedicated Integrated Child Development Centre, built to support children through structured care, early intervention, and continuous development.

This centre brings together specialized support systems to ensure that children—especially those requiring additional care and attention—receive the right guidance, therapy, and environment to grow with dignity and confidence.

It is a space for transformation, recovery, and growth.



PAAVAI FOUNDATION – HYDERABAD

Children's Home for Boys

• Care • Discipline • Growth

Paavai Foundation – Hyderabad Children's Home for Boys is a structured and nurturing environment where young boys are provided with the care, stability, and guidance needed to grow into responsible individuals.

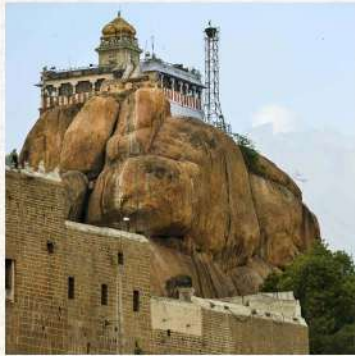
This home is built to ensure that every child experiences safety, consistency, and a sense of belonging, creating the foundation for long-term development.

It is a space to grow with purpose and direction.

PAAVAI FOUNDATION – OUTREACH TEAM

The Paavai Foundation Outreach Team was launched in 2022 with a clear and heartfelt mission: to reach the unreached, support the underserved, and empower every corner of our community.

Our journey began humbly in Trichy and Virudhunagar districts. With passion, dedication, and the trust of the people, we gradually expanded our outreach. Over time, our presence grew to include:



Trichy



Virudhunagar



Madurai



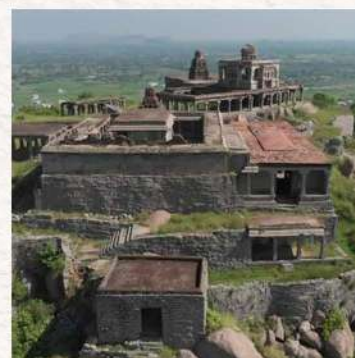
Ramanathapuram



Tirupathur



Tiruvannamalai



Krishnagiri



Sivagangai



Karur



Pudukkottai



Perambalur



Theni

Today, we are actively working in 12 districts across Tamil Nadu and continue to grow steadily.

GROWTH VISION

Our outreach is not just about presence—it's about purpose. In the coming years, we are committed to expanding our impact to 18 districts and beyond, with innovative campaigns focused on:



Health & Hygiene



Child Protection & Rights



Women Empowerment & Entrepreneurship



Education Awareness



Anti-Drug Campaigns



Safe Motherhood & Family Health



Rural Development Programs

OUR APPROACH

We believe in grassroots action, community trust, and consistent outreach. Our team connects directly with villages, schools, local bodies, health centres, and self-help groups to foster lasting change. Every campaign, training session, or awareness drive is designed to be respectful, relevant, and results-oriented.

OUR OUTREACH TEAM – District Coordinators approach

Our dedicated network of District Program Coordinators plays a central role in carrying our mission directly to the field. Our coordinators are the backbone of each district's outreach efforts, ensuring the Foundation's values and programs reach those who need it most.

LOOKING AHEAD

With every step, we carry the belief that real change begins with real connection. The Paavai Outreach Team is not just growing in numbers; we are growing in purpose. With your continued support and the strength of our collective action, we will keep inspiring, educating, protecting, and empowering the people of Tamil Nadu.



SPECIAL EVENTS



VITALCARE CARE PROJECT

(Nutritional for Children with Vitamin Deficit)

This initiative addressed nutritional deficiencies among children and focused on vitamin supplementation. Workshops included diet planning and healthy eating habits. Practical demonstrations for meal preparation were conducted. Parents were trained to monitor children's nutrition and health. Nutritional kits were distributed, and follow-up sessions ensured adherence and improvement in children's health.



Participants: 320

Districts Covered: Karur, Theni, Krishnagiri, Tirupathur, Trichy, Tiruvannamalai, Pudukkottai, Virudhunagar, Madurai, Sivagangai, Ramanathapuram.



KALVI THUNAI

The School Uniform Alteration Program supported 45 students by providing properly fitted uniforms. This initiative improved student comfort, confidence, and school participation. It addressed practical challenges that affect school attendance and learning continuity. The Kalvi Thunai School Start Support Kit program supported 585 disadvantaged children across 11 districts, ensuring they received essential school supplies at the start of the academic year. Under Education Material Support, this program strengthens by reducing barriers to schooling and enabling equitable learning opportunities for children.

Participants: 585

Districts Covered: Karur, Theni, Krishnagiri, Tirupathur, Trichy, Tiruvannamalai, Pudukkottai, Virudhunagar, Madurai, Sivagangai, Ramanathapuram.





GROWING A SUSTAINABLE FUTURE – FUNGI FARMING TRAINING & KIT DISTRIBUTION

Training was given to women in fungi farming techniques and sustainable practices. Sessions included cultivation, harvesting, and marketing strategies. Practical demonstrations and kit distribution ensured participants could implement skills effectively. Peer networking encouraged sharing knowledge. Follow-up support included mentoring and guidance for starting micro enterprises.

Participants: 57

Districts Covered: Trichy, Sivagangai, Perambalur





INTERNATIONAL YOGA DAY 2025 (Yoga Training & Yoga Mat Distribution)

Promoted physical and mental well-being through yoga practice. Sessions included posture training, breathing exercises, and mindfulness techniques. Participants were guided to incorporate yoga into daily routines for health benefits. Yoga mats were distributed to facilitate home practice. Workshops encouraged community engagement, stress management, and preventive health measures.

Participants: 973

Districts Covered: Karur, Theni, Krishnagiri, Tirupathur, Trichy, Tiruvannamalai, Pudukkottai, Virudhunagar, Ramanathapuram, Madurai, Sivagangai





SUMMER SPECIAL CAMP – 2025

Focused on student well-being and skill development. Sessions included physical activities, educational workshops, and health awareness programs. Interactive activities promoted teamwork, creativity, and learning. Students received guidance on hygiene, nutrition, and self-care. Kits with educational materials and health supplies were distributed. Follow-up mentoring and support encouraged sustained development.

Participants: 521

Districts Covered: Karur, Theni, Krishnagiri, Tirupathur, Trichy, Tiruvannamalai, Pudukkottai, Virudhunagar, Ramanathapuram, Madurai, Sivagangai





ANGANWADI GREEN GARDEN INITIATIVE

The Anganwadi Green Garden Initiative was implemented across 11 districts through 20 programs with the objective of improving nutrition at the community level. The program focused on establishing small scale vegetable gardens within Anganwadi centres to ensure a steady supply of fresh and nutritious food for children and mothers. Participants were trained on basic gardening techniques, including soil preparation, seed planting, watering methods, and maintenance practices. The sessions emphasized the importance of consuming fresh, chemical-free vegetables to address micronutrient deficiencies among children and pregnant and lactating mothers. Hands-on support was provided to set up the gardens, encouraging active participation from Anganwadi staff and community members. The initiative also promoted sustainability by encouraging families to replicate similar gardens at home. This program played a vital role in strengthening nutrition security, promoting healthy eating habits, and creating awareness about sustainable food practices at the grassroots level.

Participants: 505

Districts Covered: Pudukkottai, Trichy, Madurai, Theni, Krishnagiri, Tiruvannamalai, Tirupathur, Karur, Ramanathapuram, Sivagangai, Virudhunagar,





PROTECTING THE PROTECTORS (Sanitation Workers Support Initiative)

Protecting the Protectors initiative was carried out across multiple districts to safeguard the health, safety, and dignity of sanitation workers who play a critical role in maintaining public hygiene. The program focused on raising awareness about occupational health risks, hygiene practices, and safety measures required in their daily work environment. Educational sessions highlighted the importance of using protective gear and maintaining personal health. Essential safety kits, including gloves, masks, boots, aprons, hygiene products, first aid kits, and eye washers, were distributed to reduce exposure to hazardous conditions. The initiative also recognized the invaluable contribution of sanitation workers, promoting respect, dignity, and social inclusion. It aimed to improve working conditions while encouraging safe and healthy practices. Overall, the program strengthened occupational safety, reduced health risks, and enhanced awareness among sanitation workers.

Participants: 380

Districts Covered: Tirupathur, Karur, Ramanathapuram, Theni, Namakkal, Krishnagiri, Sivagangai, Virudhunagar, Madurai, Trichy, Pudukkottai, Tiruvannamalai





NOURISH TO HOPE (ENHANCED IMMUNITY INITIATIVE FOR HIV CARE)

The “Nourish to Hope – Enhanced Immunity Initiative for HIV Care” was implemented as a structured three-month project across multiple districts with the objective of strengthening immunity and improving the overall health of people living with HIV. The program focused on the critical role of nutrition in HIV care, emphasizing how a balanced and nutrient-rich diet supports immunity, enhances treatment adherence, and improves quality of life. Awareness sessions were conducted in collaboration with government hospitals, Primary Health Centres (PHCs), HIV networks, and community organizations to ensure effective outreach. Participants were educated on healthy dietary practices, including the intake of protein-rich foods, energy-boosting meals, and the importance of regular nutrition alongside medical treatment. A key component of the initiative was the distribution of nutrition support kits, ensuring beneficiaries received essential food items to support their daily nutritional needs. The program successfully improved awareness, strengthened nutritional practices, and provided continuous support to HIV-affected individuals in a dignified and inclusive manner.

A photograph of a man and a woman standing against a pink background. The man on the left is wearing a light green polo shirt and a maroon lanyard with a logo. The woman on the right is wearing a red and black patterned sari and a light blue surgical mask. They are both holding a white and purple bag with a tree logo. The bag has the text 'NOURISH TO HOPE' and 'Paave Fosters' on it.

Participants: 480

Districts Covered: Trichy, Karur, Theni, Virudhunagar, Tirupathur, Pudukkottai, Namakkal, Tiruvannamalai, Krishnagiri, Madurai, Ramanathapuram.



WORLD POPULATION DAY 2025 – SIGNATURE CAMPAIGN (Empowering Young People to Create the Families they Want in a Fair and Hopeful World)

The World Population Day 2025 Signature Campaign reached 1,308 beneficiaries across four districts through five partnered programs. Implemented in collaboration with colleges, ICDS centres, health educators, and district health departments, the campaign promoted informed reproductive choices, family planning, and maternal well-being. This multi-stakeholder partnership directly supports by aligning educational institutions and public health systems to deliver unified population awareness messages at scale.

A photograph of two young women in white uniforms. The woman on the left is seen from the back, wearing a white short-sleeved shirt and a large orange flower garland around her neck. Her dark hair is in a long braid. The woman on the right is wearing a white hijab and a white long-sleeved uniform, holding a black marker and signing a poster. The poster has some handwritten text in Tamil, including 'P. Vitha', 'Rama', and 'D. Vitha'.

Participants: 1,308

Districts Covered: Trichy, Sivagangai, Pudukkottai, Madurai



INDIAN SIGN LANGUAGE & INTERNATIONAL HEARING PERSON DAY

The Indian Sign Language & International Hearing Person Day program in Pudukkottai reached 200 hearing-impaired individuals, promoting communication accessibility and inclusive learning. This initiative supports SDG 4 by ensuring that individuals with hearing disabilities receive equal opportunities for knowledge, interaction, and community participation in this Rally ensuring that learning spaces remain free from exploitation and harm digital overuse that affects academic performance.

Participants: 200

Districts Covered: Pudukkottai





EARLY STEPS TO BRIGHT FUTURE

“ENHANCING EARLY LEARNING FOR YOUNG MINDS”

The “Early Steps to Bright Future” initiative was implemented across multiple districts with the objective of strengthening early childhood education and promoting foundational learning among young children. The program focused on Anganwadi centres and early learning environments, ensuring that children in their formative years receive quality educational support. The initiative was conducted in collaboration with CDPO offices, ICDS centres, Anganwadi centres, and local administrative bodies, enabling effective outreach and structured implementation. The program emphasized activity-based learning, cognitive development, and basic educational skills such as language, numbers, and social interaction. Through consistent engagement across districts, the program successfully improved learning environments, strengthened teaching capacity, and enhanced the overall development of children at the grassroots level.

Participants: 2,100 (Aggregated from multiple sessions)

Districts Covered: Trichy, Tirupathur, Theni, Virudhunagar, Karur, Pudukkottai, Ramanathapuram, Namakkal, Krishnagiri, Tiruvannamalai, Madurai, Sivagangai

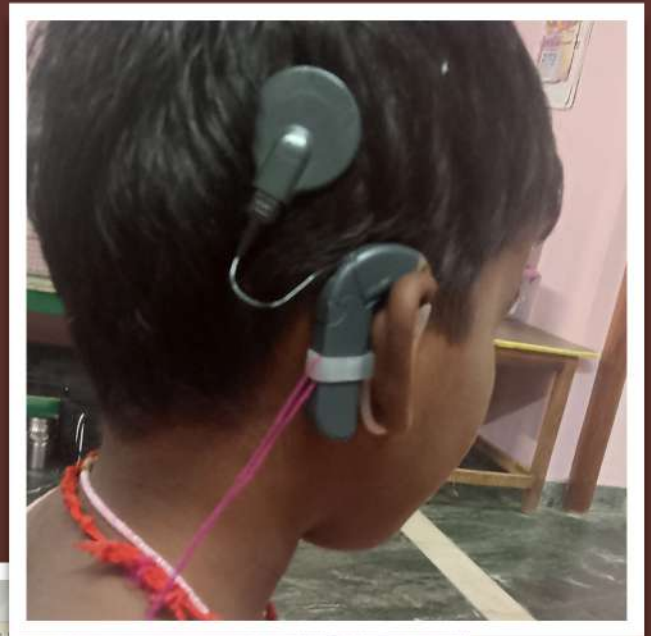


DRDO – ARATHANA HEARING MACHINE REPAIRING PROJECT

This project was implemented with the objective of restoring hearing support for a beneficiary in need of immediate assistance. The initiative focused on ensuring access to essential healthcare services for individuals with hearing impairments, particularly those facing barriers in maintaining or repairing assistive devices. The program involved the repair and restoration of a hearing machine for the beneficiary, enabling improved auditory function and communication ability. Special attention was given to ensuring the device functioned effectively and met the user's needs. This intervention played a crucial role in enhancing the individual's quality of life by improving their ability to interact, communicate, and participate in daily activities. The initiative highlights the importance of assistive healthcare support and individualized care in promoting inclusion and dignity for persons with disabilities.



Districts Covered: Pudukkottai



FLAMES OF HOPE-LIGHT OF ABILITY (Happy Diwali) “Empowering Through Light, Joy & Unity”

This initiative was conducted across multiple districts to celebrate Diwali in an inclusive and meaningful manner with persons with disabilities and marginalized communities. The program aimed to promote dignity, equality, and social inclusion by ensuring that everyone could participate in cultural celebrations. Celebrations were organized in community halls, schools, rehabilitation centres, and disability homes, creating a joyful and safe environment. Activities included cultural programs, interactive sessions, and community gatherings that encouraged participation and emotional well-being. The initiative emphasized the importance of inclusion, breaking social barriers, and recognizing the abilities and talents of persons with disabilities. Through this program, participants experienced a sense of belonging joy, and empowerment, reinforcing the values of unity, compassion, development.



Participants: 493

Districts Covered: Tirupathur, Karur, Sivagangai, Ramanathapuram, Namakkal, Pudukkottai, Krishnagiri, Theni, Virudhunagar, Madurai, Trichy, Tiruvannamalai



SAMATHUVA PONGAL CELEBRATIONS

(Uniting communities for a Change – 2026)

The “Samathuva Pongal Vizha Celebration – 2026” was conducted across multiple districts to promote unity, cultural harmony, and community bonding through the celebration of the traditional harvest festival, Pongal. The initiative aimed to strengthen social connections and foster inclusiveness among diverse communities, particularly in rural and underserved areas. The celebrations were organized in various villages, bringing together community members to participate in traditional Pongal festivities. Activities included collective Pongal preparation, cultural interactions, and community gatherings that encouraged participation from all age groups. The program emphasized equality, togetherness, and the importance of preserving cultural heritage. It also provided an opportunity to engage communities in a positive and participatory environment.



Participants: 1,000+

Districts Covered: Tirupathur, Namakkal, Karur, Theni, Trichy, Tiruvannamalai, Krishnagiri, Pudukkottai, Ramanathapuram, Madurai, Virudhunagar, Sivagangai



INTERNATIONAL WOMEN'S DAY 2026 – GIVE TO GAIN

These events celebrated the achievements of women and included workshops, speeches, and cultural activities to promote gender equality. We also honoured women police at Pudukkottai on this special day for their efforts. Workshops focused on women's rights, health, and economic empowerment. Speeches by prominent women leaders and activists highlighted the progress made towards gender equality and the challenges that remain. Cultural activities, including performances and exhibitions, showcased women's contributions to arts and culture.

Participants: 700+

Districts Covered: Madurai, Pudukkottai, Virudhunagar, Trichy, Theni, Karur, Namakkal, Krishnagiri, Tirupathur and Tiruvannamalai.



உச்சம் தொட்டு தூங்கும் உள்ளம் – இவள்
உலகை ஆளப் பிறந்த உயிர்ப்பாலை!



1 NO
POVERTY



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

**NO
POVERTY**



Poverty remains one of the most pervasive challenges faced by the people around the world. It is a multi-faceted issue that extends beyond the lack of income to include insufficient access to essential resources such as education, healthcare, clean water, and housing. Poverty not only impacts individuals and families but also stifles overall economic growth, social cohesion, and political stability. Addressing poverty is critical to achieving sustainable development and improving the well-being of the people. Therefore, the program sought to provide a comprehensive understanding of poverty alleviation strategies, focusing on the systemic barriers that keep individuals and families in a cycle of poverty.

Key Activities and Events

Vocational Skill Training Initiative

This initiative was implemented across various districts with the aim of promoting community upliftment, women empowerment, and sustainable livelihood opportunities. A total of 24 programs were conducted in various districts covering both rural and semi-urban areas. The initiative focused on key areas including skill development training, livelihood activities, women welfare, gender equality, and economic growth. In addition to general skill training, practical livelihood-oriented sessions such as wire basket making, candle making, phenol making, soap making, and oil making were conducted to equip participants with small-scale income-generating skills. Special programs like Panchagavya preparation and Fish Amino Acid production training were also organized to encourage eco-friendly and traditional agricultural practices among farmers. The programs primarily benefited Self Help Group (SHG) members, community people, farmers, and rural populations. Through these efforts, approximately 776 beneficiaries gained practical skills, improved awareness, and enhanced opportunities for income generation.



Women Skill Entrepreneurship Development

This session was implemented in Madurai district with the objective of promoting community upliftment, women welfare, and overall well-being. A total of 3 programs were conducted in locations like Melur, Chellampatti, and Alaganallur. The initiative focused on empowering women through skill development, entrepreneurship awareness, and welfare support, while also addressing aspects of good health and recovery. The programs benefited diverse groups including women, school students, and community members. Approximately 115 beneficiaries gained awareness, confidence, and knowledge to improve their livelihoods and personal well-being.



Impact

The Awareness Program on Poverty Alleviation and Policies significantly impacted the communities in many districts. The following are detailed observations and outcomes of the program:

Increased Awareness:

Participants gained a thorough understanding of various government policies aimed at poverty reduction. This knowledge is crucial for them to leverage available resources effectively. Awareness about their rights and entitlements under different schemes empowered participants to claim benefits they were previously unaware of.

Improved Access to Resources:

The program facilitated the creation of support networks where community members could share information and assist each other in navigating the bureaucratic processes.

Empowerment and Community Engagement:

The program encouraged active participation from community members, fostering a sense of ownership and responsibility towards community development.





2 ZERO
HUNGER



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

ZERO HUNGER



This program's primary focus was to provide pregnant women with essential nutrition kits and educate them about the importance of proper nutrition during pregnancy. It was conducted in districts such as Tirupathur, Tiruvannamalai, Madurai, Theni, Virudhunagar, Ramanathapuram, Sivagangai, Krishnagiri, Karur, and Trichy. This initiative was carried out in collaboration with local health centres like Primary Health Centre (PHC). Nutritional diet kits for infants were also provided in various districts under the theme "Feed them well and watch them flourish". The overarching goal of the program was to combat malnutrition, reduce the incidence of low birth weight, and improve the overall health outcomes for both mothers and their babies.

Key Activities and Events

These activities included distribution of nutrition kits, educational workshops, and awareness sessions.

Feed Them Well & Watch Them Flourish (Nutritional Diet for Infants)

This initiative was implemented across multiple districts with the aim of promoting good health, child care, and nutritional awareness among infants, children, and mothers. A total of 55 programs were conducted across various locations including Anganwadi centres, villages, and primary health centres in mentioned districts. This initiative addressed areas such as health and nutrition, safe childhood, maternal and child care, and access to nutritious food. 1,413 beneficiaries gained improved knowledge and awareness regarding nutritional practices and healthy living.



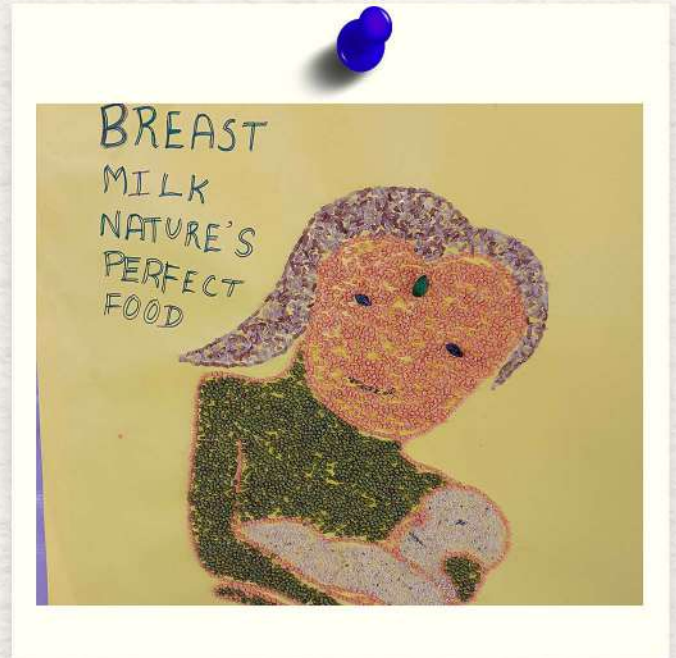
Educational Workshops

These Workshops covered a wide range of topics like the importance of balanced nutrition, the role of vitamins and minerals during pregnancy, and how to maintain a healthy diet with locally available foods. Participants were educated on how to read food labels, prepare nutritious meals, and avoid foods that could pose risks during pregnancy. Workshops were conducted in local languages to ensure maximum participation and understanding. Pregnant women, their families, and community members were encouraged to attend.



Antenatal Mothers Care & Nutritional Diet Support

This initiative was implemented to promote maternal health, safe motherhood, and nutritional support for antenatal and postnatal mothers. A total of 27 programs were conducted in Primary Health Centres and community locations. This initiative addressed areas such as maternal health care, nutritional diet support, safe motherhood, regular health check-ups, and awareness on hygiene and well-being. Special sessions also included guidance on proper diet, rest, and care before and after delivery. The initiative primarily benefited ANC and PNC mothers, along with pregnant women and community members. A total of 928 beneficiaries were reached, improving their awareness, health practices, and access to maternal care services.



Impact

Increased Awareness and Knowledge:

The program significantly increased awareness among pregnant women about their nutritional needs. Many participants reported that they were previously unaware of the importance of specific nutrients during pregnancy and how to incorporate them into their diets. There was a noticeable change in dietary habits among the participants.

Improved Health Outcomes:

Reduction in Anaemia: Regular intake of iron supplements and iron-rich foods led to a marked reduction in the incidence of anaemia among the participants. Improved haemoglobin levels were reported in follow-up health check-ups.

Healthy Birth Weights: The program contributed to an increase in the number of babies born with healthy birth weights. This was attributed to the improved nutritional status of the mothers during pregnancy.

Enhanced Well-being: Participants reported feeling more energetic and less fatigued, which is critical for managing the physical demands of pregnancy. There were also fewer reports of complications related to poor nutrition.

Empowerment:

The program empowered women by providing them with the knowledge and resources to take control of their health. Participants felt more confident in making dietary choices and advocating for their nutritional needs. This fostered a sense of community involvement and collective responsibility. Family members and community leaders played an active role in supporting the pregnant women, which contributed to the overall success of the program.





3 GOOD HEALTH
AND WELL-BEING



Aligning with

**SUSTAINABLE
DEVELOPMENT
GOALS**

GOOD HEALTH AND WELL-BEING



The series of awareness programs conducted under the banner of SDG 3: Good Health and Well-being aimed to address a wide range of health issues in various regions of Trichy, Virudhunagar, Pudukkottai, Madurai, Karur, And Theni. These programs were designed to educate the public on prevention, treatment, and management of health conditions, thereby promoting overall health and well-being. Each program was tailored to address specific health concerns prevalent in the community, ranging from infectious diseases like tuberculosis (TB), cancer and dengue to chronic conditions such as anaemia and substance abuse.

Key Activities and Events

Prenatal Yoga for Antenatal Care - Safe Practices for a Healthy Pregnancy

This initiative was conducted to promote maternal health and well-being through safe prenatal yoga practices for antenatal mothers. A total of 2 programs were organized in Tiruvannamalai and Tirupathur districts. The program focused on improving physical and mental health during pregnancy, ensuring safe motherhood, and enhancing awareness on healthy lifestyle practices. It included guidance on simple and safe yoga techniques, breathing exercises, stress management, and the importance of regular care during pregnancy. A total of 55 beneficiaries were reached, improving their knowledge, confidence, and overall wellbeing.



World Breastfeeding Week 2025 (Closing the Gap: Breastfeeding Support for All)

This initiative was conducted across multiple districts to promote awareness on breastfeeding and improve maternal and child health outcomes. A total of 10 programs were organized covering Anganwadi centres, Primary Health Centres, and community locations. Sessions were emphasized on breastfeeding promotion, health education, child care, and safe motherhood, emphasizing the importance of breastfeeding for the health and protection of both mother and child. Awareness sessions highlighted proper feeding practices, maternal care, and nutritional support. 641 participants gained knowledge and awareness on breastfeeding practices.



Awareness on Tuberculosis Prevention & Control

This initiative was conducted to raise awareness about tuberculosis prevention, early detection, and treatment. A total of 22 programs were organized covering Primary Health Centres, villages, community halls, and workplaces. The program focused on key areas such as TB prevention, understanding the cause and spread of the disease, early screening, treatment adherence, and promoting health seeking behaviour. Awareness sessions emphasized the importance of early diagnosis, proper medication, and reducing the spread of infection through safe health practices. This program reached 955 beneficiaries.



Leprosy Awareness - Restoring Dignity, Promoting Inclusion

This initiative was conducted in Karur district to raise awareness about leprosy prevention, reduce stigma, and promote inclusion and dignity for affected individuals. A total of 5 programs were organized. This session addressed key areas including leprosy prevention, early detection, health care and community awareness. Awareness sessions emphasized the importance of timely treatment, reducing discrimination, and supporting affected individuals within the community. This session reached 131 beneficiaries



Say No to Drugs: Build a Healthier Community

This initiative was conducted to raise awareness about drug abuse prevention and promote a safe and healthy society. A total of 10 programs were organized covering villages, schools, colleges, and community settings. These programs emphasized on youth care, drug prevention, health education, and building a drug-free community. Awareness sessions emphasized the harmful effects of substance abuse, the importance of early prevention, and the need for healthy lifestyle choices among youth and the general public. A total of 2,097 beneficiaries were benefitted.



Dental Health Education & Free Dental Camp

To promote oral health awareness and provide essential dental care services to various communities. Attention was given to areas like dental health education, oral hygiene practices, teeth protection, and preventive care to reduce oral diseases. Activities included dental awareness sessions, free dental screening camps, and special dental care support for children with special needs. A total of 818 beneficiaries were reached, improving their knowledge of oral hygiene and access to dental care services.



National Deworming Day – 2025

This day was celebrated to promote child health and well-being by creating awareness on the importance of deworming and preventive healthcare practices. A total of 3 programs were organized in districts including Theni and Virudhunagar, covering villages and Anganwadi centres. The primary focus was given to areas such as child care, health awareness, and the prevention of parasitic infections among children. Awareness sessions emphasized the importance of regular deworming, hygiene practices, and maintaining overall health for children and mothers. 85 beneficiaries were benefitted.



Early Detection Better Prevention: Breast and Cervical Cancer

This initiative was implemented across multiple districts to promote awareness on early detection and prevention of breast and cervical cancer, aiming to improve women's health and reduce cancer-related risks. Participants gained knowledge on health education, screening awareness, safe motherhood, and the importance of early diagnosis and timely treatment. Awareness sessions highlighted breast and cervical cancer symptoms, preventive measures, regular check-ups, and eliminating harmful practices affecting women's health. 1,703 beneficiaries were benefitted, significantly improving awareness and early detection practices.

Stress Management – Integrative Health and the Significance of Mental Health

This session was conducted in Sivagangai district to promote awareness on mental health and the importance of stress management for overall well-being. 1 program was organized at Moongiloorani and Maanamadurai focusing on improving mental well-being through integrative health approaches. The program emphasized key areas such as stress management techniques, mental health awareness, emotional well-being, and coping strategies for daily life challenges.

World Suicide Prevention Day – 2025 (Changing the Narrative on Suicide)

This day was observed in Trichy district to raise awareness about suicide prevention and promote mental health among young individuals. Sessions emphasized on suicide prevention, mental health awareness, emotional well-being, and changing societal perceptions around mental health issues. 225 beneficiaries participated.



Monsoon Health Alert (Preventing the Spread of Waterborne Illnesses) & Malaria Prevention

This event was held to promote public health awareness on malaria prevention and control of water-borne diseases, especially during the monsoon season. The program focused on key areas such as prevention of infectious diseases, sanitation and hygiene, safe health practices, early care-seeking behaviour, and precautionary measures during seasonal changes. The program contributed significantly to improving community health awareness, preventing seasonal diseases, and promoting a safer and healthier environment.

World Disability Day - 2025

The program targeted critical areas such as inclusion, equal opportunities, health care support, and social awareness for persons with disabilities. 2 programs were organized in districts Karur and Theni. Activities emphasized the importance of respect, accessibility, and creating an inclusive society. The initiative primarily benefited students with disabilities and disabled school children, encouraging confidence and social participation.

Maternal Health, Hygiene & Nutrition Awareness Programs

The sessions emphasized core areas such as safe motherhood, menstrual hygiene awareness, anaemia prevention, and vitamin A nutrition support for children. Awareness sessions emphasized the importance of proper nutrition, breaking menstrual taboos, maintaining hygiene, and ensuring regular health check-ups for mothers and children.

Understanding HIV/AIDS (Prevention and Control) & World AIDS Day 2025

This initiative was conducted across multiple districts to raise awareness about HIV/AIDS prevention, control, and the importance of reducing stigma associated with the disease. The program directed its efforts towards HIV prevention, awareness on transmission, health care support, community care, and knowledge of preventive methods. Awareness sessions emphasized safe practices, early testing, reducing discrimination, and promoting healthy lifestyles.





Free General Medical & Diabetic Screening Camps

These camps were held to provide accessible healthcare services and promote preventive health awareness among communities. This program prioritized general health check-ups, early detection of diseases, diabetic screening, and promoting healthy lifestyle practices including proper diet and exercise. Awareness sessions emphasized the importance of regular health check-ups, hygiene, and preventive care. The initiative primarily benefited slum communities, rural populations, and general community members, improving their access to basic healthcare services.



Free Eye Checkup and Surgery Camps

These sessions emphasized attention on eye check-ups, vision screening, eye protection, and awareness on eye health and hygiene. Special attention was given to early detection of vision problems and facilitating necessary medical support, including referrals for surgery when required. The initiative primarily benefited community members, school students, and vulnerable populations, enhancing their access to essential eye care services. This program helped 2,420 participants.



World Autism Day 2025

Event was conducted in Perambalur district to raise awareness about autism and promote understanding, inclusion, and support for children with autism. A program was organized at Panchayat Union Primary School East, focusing on health awareness and the importance of early identification and support for children with developmental differences. The program emphasized key areas such as awareness on autism, inclusive education, and the need for supportive environments in schools and communities

Impact

The awareness programs had a profound impact on the communities they served, contributing significantly to the health and well-being of the participants. The total number of beneficiaries reached across all programs was substantial, indicating a wide-reaching effect.

Increased Awareness and Knowledge:

These programs significantly increased awareness among participants about various health issues, prevention methods, and available treatments. There was a noticeable change in health-related behaviours among the participants. For example, improved hygiene practices, increased use of mosquito nets, and better dietary choices were observed.

Improved Health Outcomes:

The free medical camps and health screenings facilitated early detection of health issues, leading to timely treatment and better health outcomes. Many participants received referrals for further medical care.

Empowerment:

These programs empowered individuals by providing them with the knowledge and resources to manage their health. Participants felt more confident in making health-related decisions and advocating for their needs.





4 QUALITY
EDUCATION



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

QUALITY EDUCATION



Education is a fundamental human right and essential for the development of individuals and societies. Quality education promotes lifelong learning opportunities and empowers individuals to contribute meaningfully to their communities. The awareness programs under SDG 4 aimed to bridge educational gaps, enhance digital literacy, and ensure that children and young people have access to safe and inclusive learning environments.

Key Activities and Events

Childhood Stolen: Let's Act Now (Awareness Campaign on Child Labour Act)

This initiative was conducted in Perambalur district to raise awareness about child labour prevention and promote child protection and rights. The program was structured to address key areas such as child protection, the impact of child labour, legal awareness on child labour laws, and the importance of education for children. Awareness sessions emphasized safeguarding children's rights, preventing exploitation, and encouraging community responsibility in protecting children.



Teachers' Day Celebration – 2025

Events were conducted across multiple districts to promote quality education, life skills development, and recognize the contribution of teachers in shaping students' future. The events highlighted areas such as life skill development, teacher recognition and appreciation, student well-being, and the importance of education in reducing inequality. Activities included awareness sessions, celebration events, and honouring teachers for their contributions to education. The initiative primarily benefited school students, teachers, and ICDS workers, enhancing their knowledge, motivation, and engage-

Happy Children's Day – 2025 (For Every Child, Every Right)

Celebrations were conducted across multiple districts to celebrate Children's Day while promoting child rights, equality, and overall well-being. The program focused on key areas such as child rights, safe childhood, education, gender equality, and reducing inequality. Activities included awareness sessions, celebrations, and engagement programs to highlight the importance of protecting and empowering children. A total of 1,921 beneficiaries participated.





Health Habits, Healthy Minds (Overcoming Mobile Phone Addiction in Schools)

This initiative was held to promote healthy habits and address mobile phone addiction among school students. Attention was given to student care, mental well-being, safe childhood, and the importance of balanced use of technology. Awareness sessions emphasized the negative effects of excessive mobile usage, encouraging healthy routines, improved concentration, and better academic performance. The initiative primarily benefited school students and children, enhancing their awareness and promoting positive behavioural changes. We reached 1,955 beneficiaries.



Better Education for Better Future & Education Development Day

This program was conducted across multiple districts to promote the importance of education, student well-being, and reducing school dropouts. Emphasis was placed on quality education, student welfare, education development, and community awareness on the value of education. Special emphasis was given to avoiding school dropouts, supporting young learners, and celebrating Education Development Day to highlight the importance of accessible and inclusive education.

Educate & Uplift

This initiative happened in Madurai district to promote community upliftment through education and child care support. Priority was given to child care, community upliftment, and education support for young children. Awareness sessions emphasized the importance of education, early childhood development, and creating better opportunities for children in rural communities. The initiative primarily benefited community people and children, enhancing awareness and encouraging educational growth.

Sexual Education – “Better Not Touch” Awareness Program

This initiative was implemented across multiple districts to promote child safety, awareness on sexual education, and protection against abuse. The program addressed key areas such as child safety, good touch and bad touch awareness, gender equality, sexual and reproductive health education, and reporting and help-seeking behaviour. Awareness sessions emphasized creating safe environments for children, breaking social stigma, and empowering children to speak up against abuse. The initiative primarily benefited school students, children, teachers, and community members, significantly enhancing awareness and protective behaviours. 8,018 beneficiaries were reached.





Impact

The awareness programs had a significant impact on the communities they served, contributing to the educational development of participants and promoting lifelong learning opportunities. The total number of beneficiaries reached across all programs was substantial, indicating a wide-reaching effect.

Increased Awareness and Knowledge:

Participants gained essential digital skills, enabling them to navigate the digital world confidently. Children were empowered with the knowledge to recognize and respond to inappropriate behaviour. This education on personal safety helped build their confidence and awareness, contributing to their overall well-being. The programs highlighted the importance of education, motivating students to pursue their studies with renewed enthusiasm.

Enhanced Educational Resources:

Stationery kits were distributed to students during the awareness programs. These kits included essential supplies such as notebooks, pens, pencils, erasers, and rulers. The distribution of these kits supported students' educational needs and alleviated some of the financial burdens on their families.





5 GENDER
EQUALITY



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

GENDER EQUALITY



In alignment with Sustainable Development Goal 5 (SDG 5), our initiatives this year spanned various regions, including Trichy, Virudhunagar, Karur, and Theni. These programs were meticulously designed to empower women through vocational training, awareness campaigns, and celebration of significant days dedicated to women's rights and equality. Our objectives were to educate communities against child marriage and domestic violence, and promote gender equality through economic empowerment. By promoting gender equality, SDG 5 contributes to stronger communities, inclusive growth, and a more just and balanced society.

Key Activities and Events

A Safe Space: Uncovering the Reality of Domestic Violence

This program was held across multiple districts to address domestic violence, promote gender equality, and empower vulnerable communities through awareness and support systems. A total of 59 programs were organized. The program focused on key themes such as domestic violence prevention, women's rights, gender equality, legal and policy awareness, family welfare, and recovery and reassurance for survivors. Awareness sessions educated participants on recognizing abuse, accessing support services like helplines and one stop centres, and understanding their legal rights.



Awareness on Protection & Rights of Women

This initiative was conducted to promote gender equality, women's rights, and community empowerment through structured awareness sessions. A total of 18 programs were organized in districts including Perambalur, Karur, Theni, and Virudhunagar, covering both rural and semi-urban communities. This session emphasized on key themes such as protection of women, gender equality, reduction of inequality, women's rights awareness, and recovery and reassurance support. Sessions emphasized educating participants on legal rights, safety measures, empowerment strategies, and access to support systems. A total of 786 beneficiaries were reached.

Breaking the Cycle: Ending Child Marriage

This large-scale awareness initiative was implemented across multiple districts to prevent child marriage and promote safe childhood, gender equality, and community responsibility. A total of 77 programs were conducted. These sessions targeted eliminating harmful practices like early and forced marriage, child protection, safe motherhood and childhood, awareness of legal provisions, and transforming social norms and behaviours. Awareness sessions highlighted the risks and long-term consequences of child marriage, the importance of education, and the role of communities in safeguarding children's rights.





Breaking Barriers: Raising Awareness Program About Women Welfare Schemes

This initiative was carried out to enhance awareness and accessibility of women welfare schemes while promoting gender equality and community upliftment. This program addressed themes such as women empowerment, equal rights, access to welfare schemes, reduction of inequality, and awareness on available government benefits. Sessions emphasized the importance of informed decision-making, access to support systems, recovery and reassurance mechanisms for women, and encouraging help seeking behaviour. Through these programs, participants gained knowledge about various welfare schemes, legal rights, and community support services successfully.



Impact

These initiatives collectively impacted thousands of women and girls across the regions. Here are some key outcomes and testimonials:

Increased Awareness:

Participants gained a better understanding of their rights, the importance of gender equality, and the ways to prevent and address violence and discrimination.

Community Engagement:

The programs fostered community engagement, with local leaders and families actively participating in discussions and activities.

These activities have not only raised awareness and empowered women but also contributed significantly to the advancement of gender equality, marking substantial progress towards achieving SDG 5.



6 CLEAN WATER
AND SANITATION



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

CLEAN WATER AND SANITATION



Sustainable Development Goal 6 (SDG 6) emphasizes ensuring the availability and sustainable management of water and sanitation for all. Recognizing the critical importance of clean water and sanitation in promoting public health and sustainable development, our initiatives this year focused on extensive awareness, summer camps and educational programs. The primary aim was to instil a deep understanding of hygiene practices, the necessity of clean water, and the broader implications of sanitation on health and well-being. Our programs sought to address these gaps by providing practical education and fostering community engagement to create a ripple effect of improved practices and awareness.

Key Activities and Events

Awareness Program on Sanitation and Hygiene

Introduction to Personal Hygiene: The session began with an overview of personal hygiene, explaining its significance in preventing diseases and maintaining overall health. Students were introduced to the basic concepts of hygiene, including the importance of regular bathing, oral care, and wearing clean clothes.

Handwashing Techniques: One of the primary focuses was on teaching proper handwashing techniques. Demonstrators illustrated the correct method of handwashing, highlighting the critical times to wash hands, such as before eating, after using the toilet, and after playing outside. Students participated in interactive handwashing activities using soap and water to practice the steps they had learned.

Clean Toilets and Sanitary Practices: The program emphasized the importance of using clean toilets and maintaining sanitary conditions. Students were educated on the significance of flushing toilets after use, keeping toilet areas clean, and the proper disposal of sanitary products. Discussions also included the dangers of open defecation and the benefits of having access to clean and safe sanitation facilities.

Environmental Hygiene: Maintaining cleanliness in the surrounding environment was another critical topic. Students were taught about proper waste disposal methods, the importance of recycling, and keeping their school and home environments litter-free. Activities included a campus cleanup drive where students actively participated in cleaning their school premises. Hygiene kits containing soap, hand sanitizer, and informational brochures were distributed to all participants.





Rub-A-Dub for Health – (An Initiative for Promoting Hand washing to Children)

This initiative was conducted to promote handwashing practices and improve hygiene awareness among children and communities, aligning with the goal of ensuring good health and well-being. A total of 104 programs were implemented across various districts. The program emphasized the importance of proper handwashing techniques, prevention of infectious diseases, sanitation practices, and behavioural change towards hygiene. Activities included practical demonstrations, awareness sessions, and community engagement programs to reinforce healthy habits





Impact

The initiatives undertaken had a profound impact on the participants and their communities. Through these programs, we reached out to a significant number of individuals, promoting better hygiene and sanitation practices that contribute to improved health outcomes and wellbeing. Many students and college women reported adopting new hygiene practices, such as regular handwashing, proper use of toilets, and ensuring their drinking water is clean. These changes are expected to reduce the incidence of waterborne diseases and improve overall health in their communities.



7 AFFORDABLE AND
CLEAN ENERGY



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

AFFORDABLE AND CLEAN ENERGY



This goal focuses on ensuring access to affordable, reliable, sustainable, and modern energy for all. It emphasizes on improving energy efficiency, developing clean energy technologies, and ensuring that even rural and underserved communities have access to electricity. It also highlights the importance of sustainable infrastructure and investment in energy systems that are environmentally friendly and economically viable. Access to clean energy supports healthcare, better livelihoods, education, and overall development. By achieving SDG 7, societies can reduce environmental impact, combat climate change, and promote sustainable growth for future generations.

Key Activities and Events

Say No to Plastic Bags (Protecting the Environment by Preventing Pollution and Promoting Sustainable Practices)

This initiative was conducted to raise awareness about the harmful effects of plastic usage and to promote sustainable environmental practices among communities. A total of 3 programs were organized across Trichy and Madurai districts. The program focused on preventing substances that degrade the environment and encouraging eco-friendly alternatives to plastic bags. Awareness sessions highlighted the impact of plastic pollution on land and public health, while motivating participants to adopt reusable and sustainable practices in their daily lives.







One Billion Trees Initiative

The One Billion Trees Initiative Project was carried out in Tiruvannamalai, engaging 413 school students through 5 plantation programs focused on increasing green cover and environmental responsibility. Categorized under Environmental Care, this initiative helps reduce carbon emissions, improve air quality, and promote ecological balance

Impact

Overall, the program successfully reached 684 beneficiaries, contributing to a greener environment and promoting sustainable development practices.

8 DECENT WORK AND
ECONOMIC GROWTH



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

DECENT WORK AND ECONOMIC GROWTH



Sustainable Development Goal 8 (SDG 8) emphasizes promoting sustained, inclusive, and sustainable economic growth, productive employment, and decent work for all. This year, our initiatives aimed to increase awareness about child labour laws, children's rights, vocational training, and government schemes supporting economic growth and decent work. These programs targeted school students, community members, and local authorities. The goal was to educate them on critical issues and available resources that contribute to economic development and the protection of children's rights.

Key Activities and Events

Vocational Skill Training Initiative

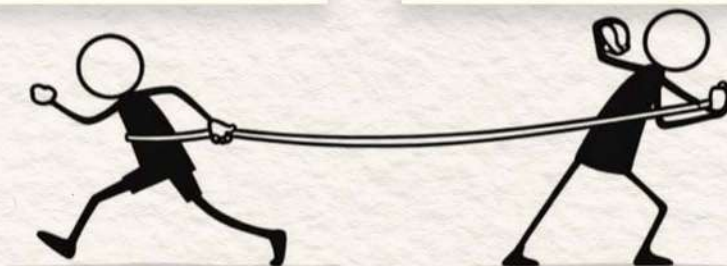
These training sessions were implemented across various districts with the aim of promoting community upliftment, women empowerment, and sustainable livelihood opportunities. The initiative focused on key areas including skill development training, livelihood activities, women welfare, gender equality, and economic growth. In addition to general skill training, practical livelihood-oriented sessions such as phenol making, soap making, and oil making were conducted to equip participants with small-scale income-generating skills. Overall, the initiative contributed significantly to strengthening economic independence, promoting sustainable practices, and improving the quality of life in the targeted communities.





“Childhood Stolen: Let’s Act Now” (Awareness Campaign on Child Labour Act)

This initiative was conducted in Perambalur district to raise awareness about child labour prevention and promote child protection and rights. The program focused on key areas such as child protection, the impact of child labour, legal awareness on child labour laws, and the importance of education for children. Awareness sessions emphasized safeguarding children's rights, preventing exploitation, and encouraging community responsibility in protecting children.



Awareness on Government Schemes

These sessions were designed to inform community members about various government schemes aimed at supporting economic growth and providing social security. Topics included schemes related to employment, financial assistance, education, and healthcare. Participants learned about the objectives of each scheme and how they can benefit from them.

- **Application Guidance:** Detailed explanations of eligibility criteria, application procedures, and the documentation required to access these benefits were provided. Experts provided clarifications and additional information as needed.
- **Resource Distribution:** Informational pamphlets and brochures outlining the details of various government schemes were distributed to participants. These resources provided a handy reference for accessing the schemes in the future.



Impact

Increased Awareness and Knowledge:

Participants gained a better understanding of the legal frameworks and protections related to child labour, children's rights, and government schemes. This knowledge is crucial for ensuring compliance with laws and taking advantage

Skill Development:

The vocational training sessions empowered youth with practical skills that can enhance their employability and economic opportunities. Participants expressed confidence in applying these skills in their communities and exploring vocational careers. The hands-on training provided them with the tools needed to start small businesses or seek employment in various trades.

By continuing to invest in these initiatives and addressing the challenges, we are committed to making significant strides towards achieving SDG 8 and ensuring that everyone has access to decent work and economic opportunities.



10 REDUCED
INEQUALITIES



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

REDUCED INEQUALITIES



Sustainable Development Goal 10 (SDG 10) aims to reduce inequality within and among countries, promoting social, economic, and political inclusion for all. Inequality can manifest in various forms, including disparities in income, access to education and healthcare, and exposure to risks such as human trafficking. These programs were conducted in Virudhunagar, Ramanathapuram, Namakkal and Pudukkottai, targeting school students, teachers, and community members to educate them on identifying red flags, protection strategies, and prevention methods to combat human trafficking.

Key Activities and Events

Protection of the Budding Future Generation & Protecting Elderly Rights

Events were conducted to promote cultural, moral, and social responsibility among different age groups. Under Protection of the Budding Future Generation, awareness sessions were organized for college women at Mohamed Sathak Hameed Arts and Science Women's College, Ramanathapuram, focusing on cultural values, moral development, and safeguarding future generations, benefiting 110 participants. Additionally, the program Protecting Elderly Rights (Ensuring comprehensive legal care and protection for senior citizens) was conducted in Arukankadu Village, Namakkal, emphasizing equal rights, safety, and legal awareness for senior citizens, benefiting 35 participants. These initiatives aimed to create a balanced society by empowering youth with values and ensuring dignity, protection, and support for the elderly. Together, the programs reached a total of 145 beneficiaries, strengthening inter-generational awareness and social responsibility.



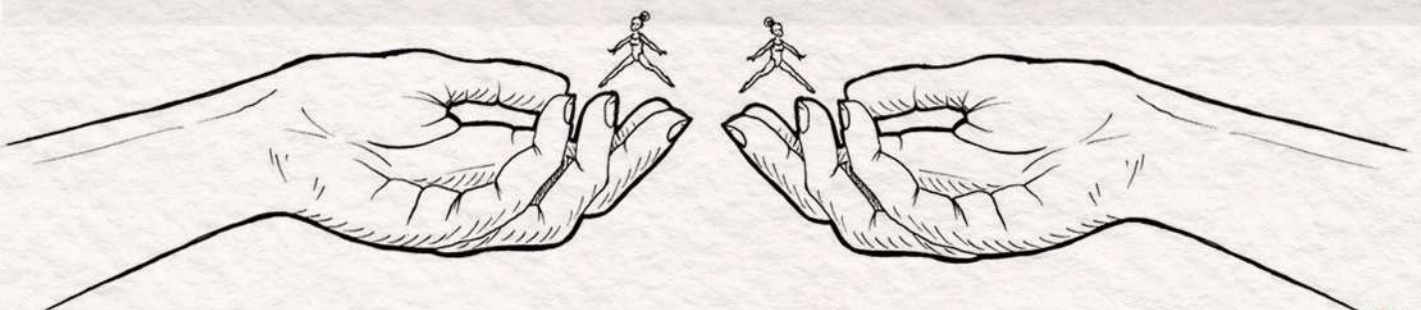
Awareness on Organ Donation and Transplantation

These awareness sessions were conducted across multiple locations in Pudukkottai district to promote awareness about the importance of organ donation and life-saving transplantation. Sessions focused on educating community members, students, healthcare trainees, and Anganwadi staff about the benefits, process, and social impact of organ donation. A wide range of participants including community people, ITI students, college students, and healthcare trainees actively engaged in the sessions. Through these initiatives, a total of 1,301 beneficiaries were reached, significantly contributing to increased awareness, positive attitude, and willingness towards organ donation in society.



Calm And Wellness for All Being Healthy Community

This program was conducted at Vivekanandar School, Harvepatti, in Thiruparakundram, Madurai, with a focus on promoting overall health and well-being among haemophilia patients. Participants were guided on stress management techniques, self-care practices, and the significance of community support in improving quality of life. The program successfully engaged 54 haemophilia patients, creating awareness about holistic wellness and encouraging a healthier and more balanced community.



Impact

The initiatives undertaken had a significant impact on the participants and their communities. Here are some key outcomes:

Increased Awareness and Knowledge:

Participants gained a deeper understanding of child trafficking, its indicators, and preventive measures. This knowledge is crucial for identifying and preventing trafficking within communities. Enhanced awareness helps create a vigilant and informed community capable of recognizing and responding to trafficking situations.

Behavioural Changes:

The awareness programs led to noticeable behavioural changes among participants, particularly in terms of increased vigilance and reporting of suspicious activities. Teachers and parents reported feeling better equipped to discuss trafficking with children and monitor their safety.

Empowerment and Confidence:

The sessions empowered participants, especially children, by providing them with the skills and confidence needed to protect themselves and others.



11 SUSTAINABLE CITIES
AND COMMUNITIES



Aligning with

**SUSTAINABLE
DEVELOPMENT
GOALS**

SUSTAINABLE CITIES AND COMMUNITIES



Sustainable Development Goal 11 (SDG 11) aims to make cities and human settlements inclusive, safe, resilient, and sustainable. Urbanization presents significant challenges, including the need for adequate housing, safe transportation, and disaster preparedness. Our initiatives this year focused on enhancing safety and preparedness within communities through awareness programs on fire safety and first aid. By focusing on these areas, our programs aimed to foster a culture of safety, awareness, and resilience among participants, thereby contributing to the broader goal of sustainable urban development.

Key Activities and Events

Empowering Youth & Communities with Kit (Awareness and Kit Distribution for Public Safety)

This initiative was conducted extensively across multiple districts to strengthen public safety awareness and promote first aid preparedness among youth, school students, and community members. The initiative focused on educating participants about basic first aid practices, health and hygiene, emergency response, and the importance of safety kits in daily life. Awareness sessions combined with kit distribution were organized in schools, villages, and community centres, ensuring practical understanding and immediate usability. This initiative created a strong impact by improving safety knowledge, encouraging proactive health practices, and empowering communities to respond effectively during emergencies.



Fire Prevention & Emergency Rescue Operations

These programs were conducted to educate students on fire safety measures, emergency response, and rescue techniques. Sessions focused on creating awareness about preventing fire accidents, handling emergency situations, and promoting safety practices in daily life. The programs were organized at Govt. ITI, Pudukkottai, and Govt. High School, Paavali, Virudhunagar, engaging both college and school students. Participants were trained on basic rescue operations, safety precautions, and the importance of quick response during emergencies. Overall, a total of 2 programs were conducted, reaching 645 beneficiaries, significantly enhancing awareness on fire safety and emergency preparedness among students.



Impact

Participants gained a comprehensive understanding of fire safety, first aid, and emergency response. This knowledge is crucial for preventing accidents and responding effectively in emergencies. Enhanced awareness has empowered individuals to take proactive measures to ensure their safety and the safety of others. Students and community members reported being more vigilant about fire hazards, practicing safe driving, and being prepared to administer first aid. These changes contribute to a safer and more resilient community. Participants expressed confidence in their ability to respond to emergencies and help others in need.



12 RESPONSIBLE
CONSUMPTION
AND PRODUCTION



Aligning with

**SUSTAINABLE
DEVELOPMENT
GOALS**

RESPONSIBLE CONSUMPTION AND PRODUCTION



Sustainable Development Goal 12 (SDG 12) addresses various aspects of production and consumption, including resource efficiency, waste reduction, and sustainable practices in agriculture and industry. Responsible consumption and production are crucial for minimizing environmental impact, conserving resources, and promoting economic growth that does not come at the expense of the planet. Our initiative focused on raising awareness about sustainable agriculture practices, targeting farmers and community members to educate them on sustainable farming techniques that promote environmental stewardship and long-term productivity.

Key Activities and Events

Awareness on Sustainable Agriculture

This program aimed to provide comprehensive education on sustainable agriculture practices to local farmers and community members. The session covered various topics, including:



- **Introduction to Sustainable Agriculture:** An overview of sustainable agriculture and its importance for environmental conservation, economic viability, and social equity. Participants learned about the principles of sustainability in farming, including maintaining soil health, conserving water, and promoting biodiversity.
- **Soil Health Management:** Techniques for maintaining and improving soil fertility through organic farming methods, crop rotation, and the use of natural fertilizers. The session included practical demonstrations on composting and the application of organic amendments to enhance soil structure and nutrient content.
- **Water Conservation Techniques:** Efficient water use practices such as drip irrigation, rainwater harvesting, and mulching to reduce water wastage and enhance water retention in the soil. Participants were shown how to implement these techniques in their fields to maximize water use efficiency.

Integrated Pest Management (IPM): Strategies for managing pests and diseases using natural predators, biological controls, and cultural practices to reduce reliance on chemical pesticides. The session highlighted the benefits of IPM for reducing environmental impact and improving crop health.

Awareness on Subsidies and Welfare Schemes Provided Through Horticulture

These programs were conducted to educate farmers and community members about various government subsidies, welfare schemes, and sustainable agricultural practices under horticulture. Programs were organized across multiple villages in Karur, Theni, and Namakkal districts, targeting farmers and rural communities. Participants were guided on accessing government benefits, adopting eco-friendly farming methods, and enhancing livelihood opportunities through horticulture. Overall, a total of 16 programs were conducted, reaching 558 beneficiaries, strengthening awareness on agricultural development and sustainable farming practices.



Sustainable Livestock Feed Project

Educated participants on producing and using sustainable livestock feed. Sessions included nutritional balancing, feed preparation, and cost-effective methods. Practical demonstrations and kit distributions ensured participants could effectively implement techniques. Follow-up support encouraged adoption and efficiency. Workshops promoted livestock health, economic sustainability, and environmental benefits.



Impact

Participants gained a deeper understanding of sustainable agriculture practices and their benefits. This knowledge is crucial for adopting practices that enhance productivity while protecting the environment. Enhanced awareness helps create a more informed and proactive farming community capable of implementing sustainable practices. Farmers reported being more willing to adopt organic farming methods, water conservation techniques, and integrated pest management practices. These changes contribute to more sustainable and resilient farming systems. This empowerment is vital for fostering a sense of responsibility and commitment to sustainable agriculture.



13 CLIMATE
ACTION



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

**CLIMATE
ACTION**



Sustainable Development Goal 13 (SDG 13) emphasizes urgent action to combat climate change and its impacts. Climate change poses significant risks to the environment, human health, and economic stability. Addressing these challenges requires a multifaceted approach, including reducing greenhouse gas emissions, enhancing resilience, and promoting sustainable practices. Our initiatives this year focused on raising awareness about environmental conservation, sustainable agriculture, and pollution reduction. By promoting climate action through education and community engagement, our programs aimed to foster a culture of environmental stewardship and resilience.

Key Activities and Events

Awareness Program on Pollution-Free Environment

This program aimed to educate community members about the importance of reducing pollution and protecting the environment. Key topics covered included:



- **Understanding Pollution:** An overview of different types of pollution, including air, water, and soil pollution. Participants learned about the sources and impacts of pollution on health and the environment.
- **Pollution Reduction Techniques:** Practical strategies for reducing pollution, such as waste segregation, recycling, and minimizing the use of plastic. The session included demonstrations on composting organic waste and creating eco-friendly products.
- **Community Involvement:** Emphasis on the role of community action in achieving a pollution-free environment. Participants were encouraged to form local environmental groups to monitor and reduce pollution in their areas.
- **Government Policies and Regulations:** Information on existing government policies and regulations related to pollution control and how community members can support and comply with these measures.

Awareness Program on Environmental Justice

This program focused on promoting environmental justice through sustainable farming practices. Key areas covered included:

- **Sustainable Farming Techniques:** Education on sustainable farming practices that enhance soil health, conserve water, and reduce chemical inputs. Topics included organic farming, crop rotation, and integrated pest management.
- **Government Policies and Regulations:** Information on existing government policies and regulations related to pollution control and how community members can support and comply with these measures.



Summer Safety Alert – Preventing Dehydration & Outdoor Injuries

This program was conducted to raise awareness about preventing dehydration, heat-related illnesses, and outdoor injuries during the summer season. Awareness was given on areas such as heat illness prevention, hydration awareness, safe outdoor practices, and promoting overall health during extreme weather conditions. Awareness sessions emphasized the importance of drinking adequate water, avoiding prolonged sun exposure, maintaining hygiene, and recognizing early symptoms of dehydration. We reached 507 beneficiaries.



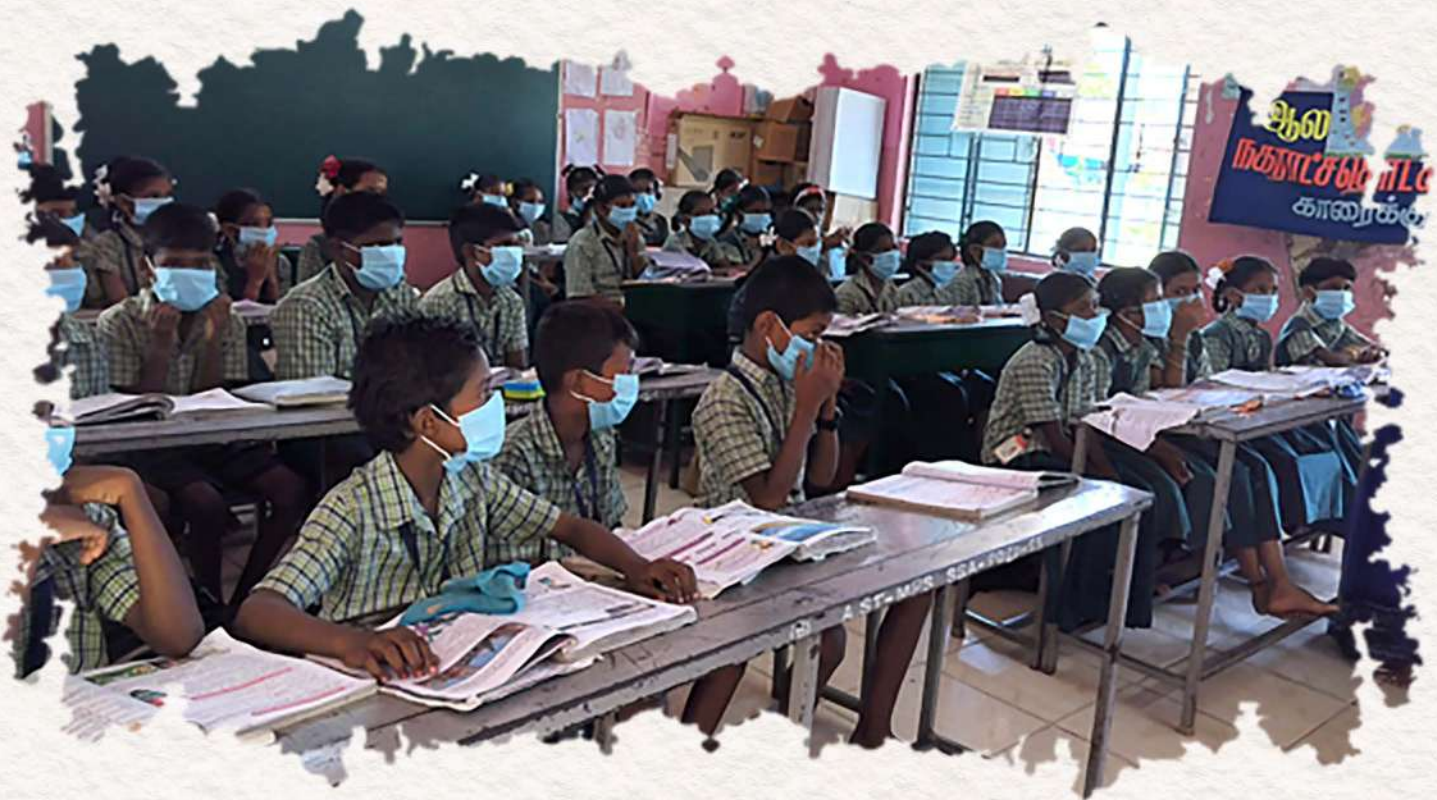
Monsoon Health Alert (Preventing the Spread of Waterborne Illnesses)

This initiative was held to promote public health awareness on malaria prevention and control of waterborne diseases, especially during the monsoon season. The program focused on key areas such as prevention of infectious diseases, sanitation and hygiene, safe health practices, early care-seeking behaviour, and precautionary measures during seasonal changes. Awareness sessions emphasized the importance of clean surroundings, safe drinking water, mosquito control, and personal hygiene to prevent disease spread. The initiative benefitted 1,258 school children, community members, public people, and mothers, enhancing their awareness and preventive practices.



Staying Safe from Emerging COVID Variants (2025)

The Emerging COVID Variants 2025 awareness program reached 100 individuals, including students, ANC mothers, and community people across Sivagangai and Theni. With 3 programs, this initiative strengthened SDG 3 by promoting preventive behaviours and community safety against new viral threats, by educating communities on symptoms, early detection, prevention, and stigma reduction.



Important Environmental days and events

World Ozone Day, World Environment Day, Children's Day, Palm seed sowing event, Tree planting events were organized to highlight the adverse effects of climate change that are evident in increased temperatures, altered precipitation patterns, and more frequent extreme weather events. These changes have profound impacts on agriculture, water resources, and overall ecosystem health.



Impact

The initiatives undertaken had a significant impact on the participants and their communities. Here are some key outcomes:

Increased Awareness and Knowledge:

Participants gained a comprehensive understanding of pollution, environmental justice, and sustainable farming practices. Enhanced awareness helps create a more informed and proactive community capable of implementing sustainable practices.

Behavioural Changes:

The awareness programs led to noticeable behavioural changes among participants. Community members reported being more vigilant about pollution, adopting waste segregation and recycling practices, and supporting local environmental initiatives. Farmers expressed willingness to adopt sustainable farming techniques and reduce their reliance on chemical inputs.

Empowerment and Confidence:

The sessions empowered participants by providing them with the skills and confidence needed to take action on environmental issues. This empowerment is vital for fostering a sense of responsibility and commitment to climate action.



15 LIFE
ON LAND



Aligning with

**SUSTAINABLE
DEVELOPMENT
GOALS**

**LIFE ON
LAND**



It focuses on protecting, restoring, and promoting the sustainable use of terrestrial ecosystems. It aims to conserve forests, prevent land degradation, combat desertification, and halt biodiversity loss. This goal emphasizes the importance of sustainable agriculture, soil conservation, and responsible use of natural resources to maintain ecological balance. By preserving land ecosystems, SDG 15 ensures environmental sustainability, supports livelihoods, and safeguards biodiversity for future generations.

Key Activities and Events

Awareness on Horticulture Department Schemes

These programs were conducted to educate farmers and community members about various government subsidies, welfare schemes, and sustainable agricultural practices under horticulture. The sessions focused on promoting natural farming, environmental protection, and improving agricultural productivity by preventing practices that degrade the environment. Participants were guided on accessing government benefits, adopting eco-friendly farming methods, and enhancing livelihood opportunities through horticulture. Overall, a total of 16 programs were conducted, reaching 558 beneficiaries, strengthening awareness on agricultural development and sustainable farming practices.



Enhancing Agriculture Productivity (Government Subsidy Scheme)

These programs were conducted to improve agricultural productivity and support farmers through awareness of government subsidy schemes. The sessions focused on enhancing the livelihood of farmers, promoting farmer development, and encouraging sustainable agricultural practices. Programs were organized in villages such as Thoppanayakanpatti, Alaganampatti, and T. Edaiyapatti in Karur district, directly engaging farmers and guiding them on accessing benefits and improving productivity. A total of 3 programs were conducted, benefiting 145 beneficiaries, strengthening farmers' knowledge and economic opportunities.



Sustainable Agriculture (Green Farming)

These programs aimed to promote sustainable agriculture practices and environmental awareness among communities. The sessions focused on preventing environmental degradation and encouraging eco-friendly farming methods. Programs were conducted in Poikaraipatti and Kuruvithurai villages in Madurai district, involving community people and school children to create early awareness about sustainable farming. Totally 2 programs were conducted, benefitting 102 beneficiaries, contributing to environmental protection and development.

Impact

Overall, a total of 16 programs were conducted, reaching 558 beneficiaries, strengthening awareness on agricultural development and sustainable farming practices.



16 PEACE, JUSTICE
AND STRONG
INSTITUTIONS



Aligning with

**SUSTAINABLE
DEVELOPMENT
GOALS**

PEACE, JUSTICE, AND STRONG INSTITUTIONS



Sustainable Development Goal 16 (SDG 16) aims to promote peaceful and inclusive societies, provide access to justice for all, and build effective, accountable, and inclusive institutions at all levels. Achieving SDG 16 requires addressing issues such as violence, abuse, exploitation, corruption, and the lack of access to justice and participation in democratic processes. Our initiatives this year focused on raising awareness about child protection, legal rights, and democratic participation. All child-focused activities comply with Protection of Children from Sexual Offences (POCSO) Act and Juvenile Justice Act guidelines. These programs were conducted across Trichy, Virudhunagar, Pudukkottai, and Madurai, targeting students, community members, and vulnerable groups to educate them on their rights, legal frameworks, and the importance of participating in democratic processes.

Key Activities and Events

Awareness Programs on Protection of Children from Sexual Offences (POCSO) Act

These programs were designed to educate students, teachers, and community members about the Protection of Children from Sexual Offences (POCSO) Act. Key topics included:

- **Understanding the POCSO Act:** Provided an overview of the provisions and protections under the POCSO Act, explaining its significance in safeguarding children from sexual offences.
- **Identifying and Reporting Abuse:** Information on how to identify signs of abuse, such as behavioural changes, physical indicators, and emotional distress. Participants were taught the proper channels for reporting abuse, including contacting authorities, child helplines, and legal aid organizations.
- **Support Systems:** Resources and support available for victims of abuse, including counselling services, medical assistance, and legal aid. Participants were informed about local support organizations and how to access their services.
- **Role of Educators and Community Involvement:** Training teachers to recognize signs of abuse and respond appropriately to protect children. The sessions emphasized the importance of creating a safe and supportive environment in schools. Community members were encouraged to support and participate in child protection initiatives, fostering a collective effort to safeguard children.

Overall, a total of 2 programs were conducted, benefiting 600 beneficiaries.





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POLICE DEPARTMENT

"CREATING A SAFE SPACE"
POCSO ACT - 2012

PAAVAI FOUNDATION COLLABORATION WITH POLICE



Child Protection Awareness Program

This large-scale program aimed to raise awareness about child protection measures. Key areas covered included:

- **Child Protection Laws:** Overview of laws in place to protect children from abuse and exploitation. The session emphasized the importance of legal frameworks in safeguarding children's rights.
- **Identifying and Reporting Abuse:** Information on how to identify signs of abuse and the proper channels for reporting it. Participants were educated on the steps to take if they suspect a child is being abused, including contacting child protection services and law enforcement.



Breaking the Cycle: Ending Child Marriage

This large-scale awareness initiative was implemented across multiple districts to prevent child marriage and promote safe childhood, gender equality, and community responsibility. A total of 77 programs were conducted. These programs targeted eliminating harmful practices like early and forced marriage, child protection, safe motherhood and childhood, awareness of legal provisions, and transforming social norms and behaviours. Awareness sessions highlighted the risks and long-term consequences of child marriage, the importance of education, and the role of communities in safeguarding children's rights. 2,919 beneficiaries were reached.



Grama Sabha Meeting

This community-based initiative was conducted to strengthen grassroots governance, promote public participation, and support village development through active engagement in Grama Sabha meetings across Theni and Tiruvannamalai districts, covering villages such as Alagarnayakanpatti, Melpallipattu, Vadakarai, and Lakshmipuram. A total of 4 programs were Participated focusing on key aspects like community upliftment, panchayat development, civic awargeness, and community welfare, emphasizing the importance of people's participation in decision-makin, transparency, and accountability in local governance.



Impact

The initiatives undertaken had a significant impact on the participants and their communities. Participants gained a comprehensive understanding of child protection laws, legal aid services, consumer rights, and the importance of democratic participation. This knowledge is crucial for ensuring justice, protecting rights, and fostering inclusive institutions. Community members reported being more vigilant about child protection, supporting legal aid initiatives, and actively participating in democratic processes. This empowerment is vital for fostering a sense of responsibility and commitment to justice and democratic governance.



17 PARTNERSHIPS
FOR THE GOALS



Aligning with
**SUSTAINABLE
DEVELOPMENT
GOALS**

PARTNERSHIPS FOR GOALS



This goal focuses on strengthening the means of implementation and revitalizing global partnerships for sustainable development. It emphasizes collaboration between governments, non-governmental organizations, private sectors, and communities to achieve all the Sustainable Development Goals effectively. This goal highlights the importance of sharing knowledge, resources, technology, and financial support to address global challenges. It also promotes capacity building, data sharing, and inclusive partnerships at local, national, and international levels. Initiatives carried out through collaborations such as those by Paavai Foundation with local institutions, healthcare providers, and community groups demonstrate the power of partnerships in delivering impactful programs. By fostering strong partnerships, SDG 17 ensures coordinated efforts, maximizes resources, and accelerates progress toward a sustainable and equitable future for all.

CASE STUDY REPORT

Protecting The Protectors “Equipping Sanitation Workers with Essential Gear Support”

Background Of the Problem: Mr. Senthil Kumar, serving as a Block Development Officer in Pudupalayam Block, highlighted a critical issue faced by sanitation workers across the region. In approximately 27 panchayats under Pudupalayam Union in Tiruvannamalai district, around 133 sanitation workers were actively engaged in maintaining village hygiene and sanitation.

Intervention: Recognizing the urgent need, Paavai Foundation stepped forward to address this issue through a targeted intervention. The Foundation provided essential safety and hygiene kits to sanitation workers across all 27 panchayats.

- Protective gloves
- Face masks
- Sanitizers
- Hygiene kits
- Safety shoes
- Socks

This initiative aimed to ensure that sanitation workers could perform their duties safely, hygienically, and with dignity, even in challenging environments.

Outcome: The initiative resulted in a significant improvement in the working conditions of sanitation workers. With the availability of proper safety equipment, workers are now able to perform their tasks without fear of falling ill. The risk of infections and occupational hazards has been greatly reduced.



Nourish to Hope “Enhanced immunity initiative for HIV Care”

Proper nutrition plays a vital role in strengthening the immune system of people living with HIV. Malnutrition can significantly weaken immunity, reduce the effectiveness of antiretroviral therapy (ART), and increase the risk of opportunistic infections. Ensuring adequate nutritional support is therefore essential for improving overall health outcomes and quality of life among HIV-positive individuals.

Mr. Vijikumar, a 39-year-old male from a below-poverty-line family, works as a daily wage labourer and supports a family of four. He has been living with HIV and has been on treatment at an ART centre for the past six years. Prior to the intervention, his health condition was weak, with a body weight of only 52 kg, indicating poor nutritional status despite ongoing medical treatment. Mr. Vijikumar was regularly taking ART treatment, he experienced significant weakness, low energy levels, and poor overall health. His inadequate nutrition affected his physical strength and daily functioning, highlighting the need for additional nutritional support alongside medical care.

Intervention: Under the “Nourish to Hope” initiative, the beneficiary was provided with a monthly nutrition kit for a period of three months. The kit included essential food items such as kadalai (groundnuts), aavulu (mustard seeds), naatu sakkarai (country sugar), kondakadalai (chickpeas), rajma (kidney beans), karamani (cowpeas), and pachai payiru (green gram). Along with the provision of nutritional support, awareness and counselling were also given to ensure proper utilization of the food items and encourage healthy dietary practices.

Outcome: After three months of continuous nutritional support, significant improvements were observed in the beneficiary's health. His body weight increased from 52 kg to 54 kg, indicating better nutritional status.



Anganwadi Pasumai Thottam

Arasakanni Anganwadi Centre is located in Chengam Taluk of Tiruvannamalai District and serves around 25 children. Most of these children were identified as underweight and malnourished due to poor dietary intake and lack of nutritional diversity.

Intervention-To address this issue, Paavai Foundation collaborated with the Anganwadi Centre to introduce a Green Vegetable Garden Initiative within the centre premises. The objective of this initiative was:

- To provide fresh, chemical-free vegetables and fruits
- To ensure regular nutritional support for malnourished children
- To create a sustainable and low-cost nutrition source managed by the Anganwadi worker.

Priya is a two-year-old child living at Arasakanni Village, Chengam Taluk, Tiruvannamalai District. She was born on 27.06.2023 and belongs to a poor family background. Her father's name is Rajasekar. Priya attends the Arasakanni Anganwadi Centre, where she was identified as malnourished and underweight. At the time of assessment, her height was 106.7 cm and her weight was only 6 kg, which was below the normal range for her age. Her blood group is B+ positive. Due to the family's low income, access to nutritious food such as vegetables and fruits was limited. To support her health and growth, Priya was included as a beneficiary under the nutrition support initiative implemented by Paavai Foundation, which aimed to improve her nutritional status and overall well-being.

Positive Outcomes Observed:

- Improvement in Priya's overall health
- Gradual weight gain
- Better energy levels and appetite
- Increased awareness on the importance of nutrition at the community level
- The Anganwadi worker confirmed that Priya is now healthier and showing positive growth



PARTNERSHIPS AND COLLABORATIONS

Overview of Key Partners

The Paavai Foundation collaborates with a wide range of key partners to amplify the impact of our initiatives and ensure comprehensive support for the communities we serve. Our partners include government agencies, non-governmental organizations (NGOs), educational institutions, health-care providers, and corporate entities. These partnerships are fundamental to our mission, enabling us to leverage resources, share expertise, and extend our reach.

Local Government Authorities: Our close collaboration with local government bodies facilitates the smooth implementation of our programs and ensures compliance with legal and regulatory frameworks.

Educational Institutions: Schools and colleges play a vital role in our educational and awareness programs. Their support helps us provide quality education and vocational training to underprivileged children and youth.

Healthcare Providers: Partnerships with hospitals, clinics, and health professionals are essential for delivering regular health check-ups, medical camps, and emergency medical aid.

Non-Governmental Organizations (NGOs): Collaboration with other NGOs allows us to share best practices, coordinate efforts, and address complex social issues more effectively. medical aid.

Amplifying Community Impact Through Strategic Alliances

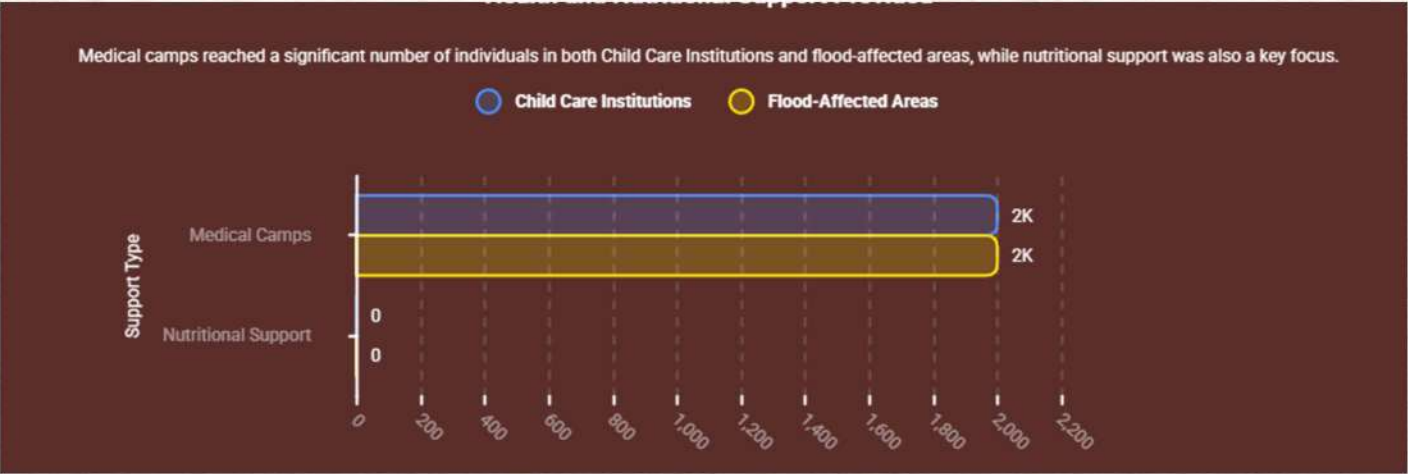


Joint Projects and Initiatives

Our partnerships have enabled us to undertake several joint projects and initiatives that have had a significant impact on the communities we serve. Some notable collaborations include:

Health and Well-being Initiatives:

- **Medical Camps and Health Check-ups:** In collaboration with local healthcare providers and NGOs, we organized multiple medical camps and health check-ups across our Child Care Institutions and flood-affected areas. These camps provided essential medical care to over 2,000+ individuals.
- **Nutritional Support Programs:** Partnering with nutritionists and food suppliers, we ensured that the girls in our CCIs and flood victims received balanced and nutritious meals tailored to their health needs.



Educational Support Programs:

- **Digital Literacy and Vocational Training:** Through partnerships with educational institutions and corporate entities, we conducted digital literacy workshops and vocational training programs, equipping over 200+ participants with essential skills.
- **Scholarship and Mentorship Programs:** Collaboration with schools and colleges facilitated the provision of scholarships and mentorship programs for underprivileged students, improving their academic performance and personal development.

Program	Description	Participants
 Digital Literacy and Vocational Training	Workshops and training programs	200+
 Scholarship and Mentorship Programs	Scholarships and mentorship for underprivileged students	Not specified

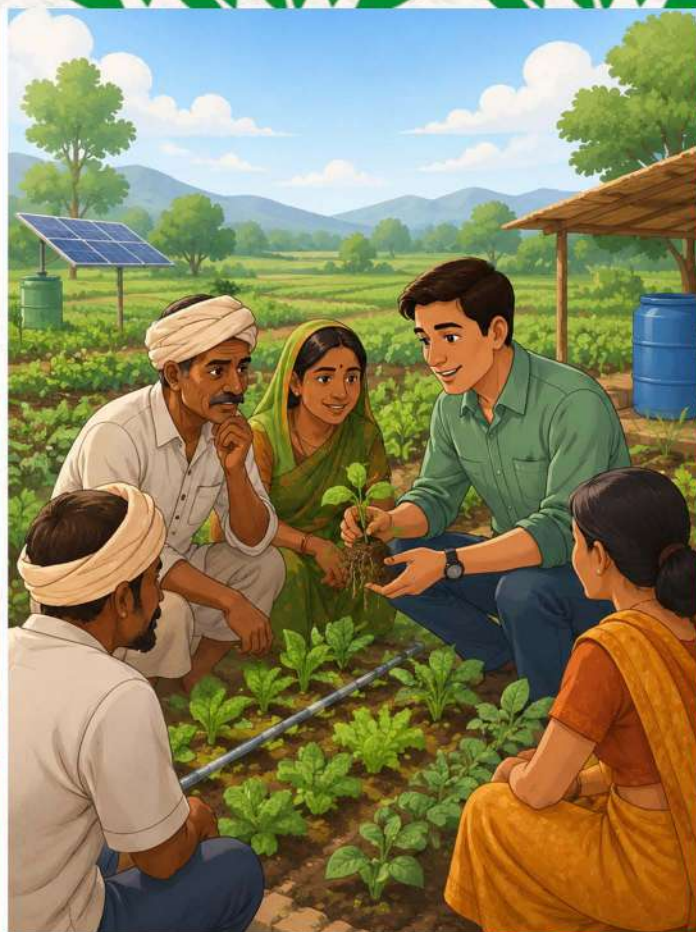
Psychosocial Support and Counselling:

- **Counselling Services:** Collaborations with professional psychologists and counselling centres enabled us to provide regular counselling sessions and psychosocial support to the girls in our Child Care Institutions and flood-affected individuals. This support helped individuals cope with the emotional and psychological impacts of their experiences.
- **Sustainable Agriculture Programs:** Working with agricultural experts and environmental NGOs, we promoted sustainable farming practices in rural areas, educating farmers on techniques such as organic farming, water conservation, and integrated pest management.

Impact of Collaborations

The impact of our collaborations and partnerships has been profound, contributing significantly to the success and sustainability of our programs.

Expanded Outreach: A total of 1,043 charity programs and 286 special projects were implemented, reaching 88,288 beneficiaries across 12 districts.

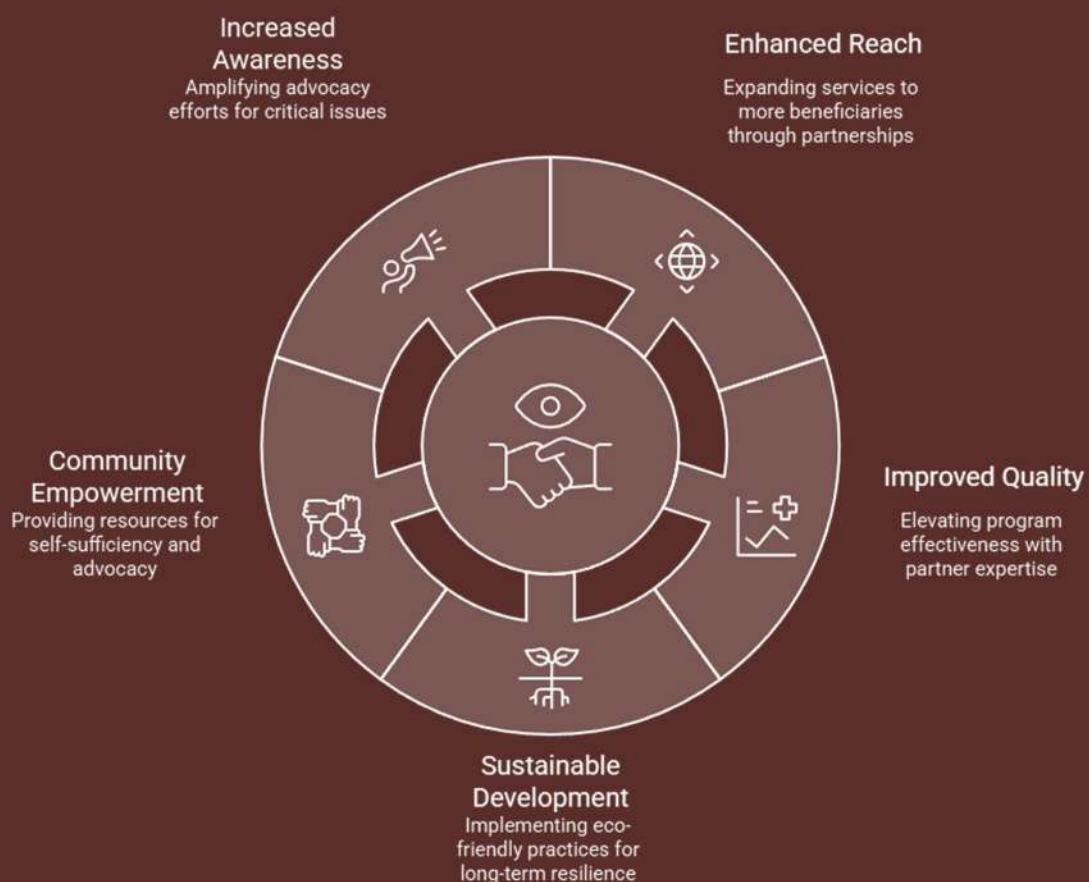


Key outcomes include:

- **Enhanced Reach and Accessibility:** Partnerships have enabled us to extend our services to a larger number of beneficiaries, ensuring that more individuals and communities receive the support they need. Extended medical camps to 15 remote villages via Primary health Centre partnerships.
- **Improved Quality of Services:** The expertise and resources provided by our partners have enhanced the quality of our programs, resulting in better health outcomes, improved educational performance, and greater overall well-being for our beneficiaries.
- **Sustainable Development:** Collaborations have facilitated the implementation of sustainable practices, particularly in agriculture and disaster preparedness, contributing to long-term resilience and environmental conservation.
- **Community Empowerment:** Joint initiatives have empowered communities by providing them with the knowledge, skills, and resources needed to improve their lives and advocate for their rights.
- **Increased Awareness and Advocacy:** Our partnerships have amplified our advocacy efforts, raising awareness about critical issues such as child protection, gender equality, and environmental conservation.

The partnerships and collaborations fostered by the Paavai Foundation have been instrumental in achieving our mission of fostering sustainable development and improving the quality of life for underprivileged children, women, and vulnerable communities. By working together with our partners, we continue to create meaningful and lasting change, empowering individuals, and communities to build a brighter and more equitable future.

Partnership Outcomes



KEY CHALLENGES FACED

1.Resource Limitations:

- **Funding Constraints:** Ensuring consistent financial support for our programs, especially during economic downturns.
- **Material Shortages:** Difficulty in sourcing educational materials, medical supplies, and nutritional food due to supply chain disruptions.

2.Community Engagement:

- **Awareness and Participation:** Challenges in raising awareness and securing active participation from community members in various initiatives.
- **Cultural Barriers:** Addressing cultural norms and practices that hinder the adoption of sustainable practices and gender equality.

3.Operational Challenges:

- **Logistical Issues:** Difficulties in reaching remote areas, especially during adverse weather conditions.
- **Staffing:** Recruiting and retaining qualified staff for various programs, including healthcare, education, and counselling.

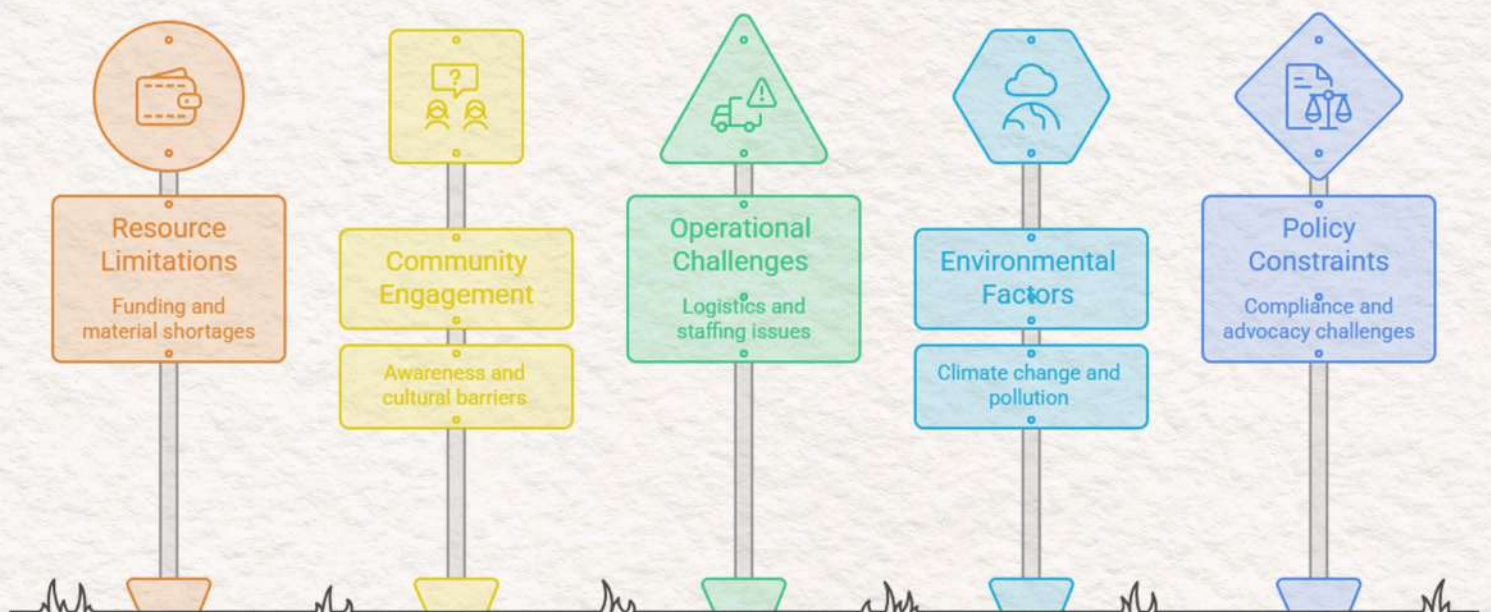
4. Environmental Factors:

- **Climate Change Impact:** Increased frequency and severity of natural disasters like floods, impacting our relief efforts and community resilience.
- **Pollution:** Managing environmental pollution and its effects on health and agriculture in the communities we serve.

5.Policy and Regulatory Constraints:

- **Compliance:** Navigating complex regulatory environments and ensuring compliance with local, state, and national regulations.
- **Advocacy:** Challenges in influencing policy changes and advocating for the rights and needs of vulnerable populations.

Addressing Key Challenges for Program Success



LOOKING FORWARD:

As we move forward, our focus remains on expanding our reach, enhancing the quality of our programs, and driving sustainable change in the communities we serve. We are committed to continuously assessing and improving our strategies to ensure maximum impact and sustainability.

The achievements of the Paavai Foundation in 2025-2026 are a testament to the hard work and dedication of our team, partners, and supporters. Together, we have made significant strides towards creating a brighter, more equitable future for all.



DONORS AND SUPPORTERS

The Paavai Foundation extends its heartfelt gratitude to our donors and supporters whose generosity and belief in our mission have been instrumental in driving our initiatives forward. Their contributions, whether financial or in-kind, have enabled us to implement projects that have created measurable positive impact in the communities we serve. We are particularly thankful for:

INDIVIDUAL DONORS

Individual donors form the backbone of our financial support. Their unwavering commitment and consistent contributions have allowed us to sustain and expand our initiatives. These donors come from all walks of life, unified by their desire to make a difference. Their contributions have supported a wide range of projects, from educational scholarships to health camps and community development programs. We value each donation, recognizing the trust and responsibility that comes with it.

LOCAL COMMUNITY SUPPORT

The local communities we serve have been incredibly supportive, not just in terms of financial contributions but also through active participation and engagement. Community members often contribute by organizing fundraising events, participating in our programs, and spreading awareness about our initiatives. This local support is vital as it ensures that our projects are grounded in the real needs and aspirations of the people we aim to help.

SPECIAL CAMPAIGNS AND EVENTS

Funds raised through special campaigns and events have provided crucial support for specific projects and activities. These efforts bring together a broad base of supporters united by a common cause. Whether through charity runs, benefit concerts, or crowdfunding campaigns, these events not only raise funds but also increase visibility and engagement for our mission. The success of these campaigns is a testament to the hard work and creativity of our supporters and volunteers.

VOLUNTEERS

Volunteers are the backbone of the Paavai Foundation. Their selfless service and dedication have been invaluable in implementing our programs and reaching out to the communities we serve. 200+ volunteers contributed 5,000 service hours. We recognize and thank:

Paavai Foundation Donors and Supporters

Characteristic	Individual Donors	Local Community Support	Special Campaigns	Volunteers	Staff and Management
 Contribution Type	Financial	Active Participation	Funds Raised	Selfless Service	Dedication and Hard Work
 Impact	Sustain and Expand Initiatives	Grounded in Real Needs	Crucial Support	Invaluable	Efficient and Effective
 Key Aspect	Unwavering Commitment	Vital Support	Broad Base of Supporters	Backbone of the Foundation	Driving Force

COMMUNITY VOLUNTEERS

Local community members who volunteer their time and skills to support our initiatives are indispensable. Their insider knowledge and enthusiasm are crucial to our success. Community volunteers often help with organizing events, conducting workshops, and facilitating communication between the foundation and local beneficiaries. Their direct involvement ensures that our programs are relevant and effectively address local needs.

PROFESSIONAL VOLUNTEERS

Experts and professionals who offer their expertise pro bono have greatly enhanced the quality of our programs. These volunteers bring specialized skills in areas such as education, healthcare, legal aid, and project management. Their contributions have helped us design more effective interventions, conduct rigorous evaluations, and provide high-quality services to our beneficiaries. The impact of their work is profound, adding a layer of professionalism and expertise that significantly boosts our capacity.

YOUTH VOLUNTEER

The energy and creativity of young volunteers have brought fresh perspectives and innovative ideas to our projects. Youth volunteers are often at the forefront of our community outreach and engagement efforts, bringing enthusiasm and a dynamic approach to their work. Their involvement is particularly valuable in initiatives focused on education, technology, and social media outreach, where their familiarity with current trends and tools enhances our effectiveness.

Volunteer Contributions



STAFF AND MANAGEMENT

The dedication and hard work of the Paavai Foundation's staff and management team are the driving force behind our success. We acknowledge and thank:

PROGRAM COORDINATORS

Our program coordinators are the linchpins of our operations. Their commitment to planning and executing our projects ensures that we achieve our objectives efficiently and effectively. They work tirelessly to manage resources, coordinate with partners, and oversee the implementation of our initiatives. Their ability to navigate challenges and adapt to changing circumstances is key to our success.

FIELD STAFF

Working on the ground, often in challenging conditions, our field staff are the direct link between the foundation and the communities we serve. Their passion and resilience are commendable. Field staff members conduct surveys, implement programs, and monitor progress. They build relationships with community members, ensuring that our interventions are culturally sensitive and well-received. They conducted 80% of community outreach. Their firsthand insights and feedback are invaluable for continuous improvement.



ADMINISTRATIVE STAFF

The smooth functioning of our operations is due to the meticulous work of our administrative team. Their behind-the-scenes efforts are crucial to our success. Administrative staff handle logistics, manage finances, ensure compliance with regulations, and support all aspects of project management. Their efficiency and attention to detail ensure that our operations run seamlessly, allowing our field teams to focus on their core mission.

MANAGEMENT TEAM

The leadership and vision of our management team guide the foundation's strategic direction. Their ability to inspire and lead is essential to our continued growth and impact. The management team is responsible for setting long term goals, securing funding, establishing partnerships, and representing the foundation in various forums. Their strategic planning and decision-making ensure that we stay true to our mission while navigating the complexities of the development sector.



Conclusion

The year April 2025 – March 2026 marks a significant milestone in the journey of Paavai Foundation, reflecting both the scale and depth of its impact across Tamil Nadu. Through a well-structured approach rooted in community needs, the Foundation successfully implemented 1,043 charity programs and 286 special projects, reaching an impressive 88,288 beneficiaries. These efforts were not merely numbers but meaningful interventions that addressed critical issues such as health, education, gender equality, child protection, environmental sustainability, and livelihood development.

Importantly, the Foundation has moved beyond short-term interventions to create long-term impact by promoting behavioural change, strengthening community participation, and encouraging self-reliance. Initiatives such as awareness campaigns, skill development programs, health interventions, and environmental activities have contributed to building resilient communities capable of addressing their own challenges. The alignment of all programs with key Sustainable Development Goals (SDGs) further reinforces the Foundation's commitment to global development priorities and sustainable progress. Despite facing challenges such as resource limitations, logistical constraints, and socio-cultural barriers, Paavai Foundation demonstrated resilience, adaptability, and innovation in its approach. Each challenge provided valuable learning opportunities, enabling the organization to refine its strategies and strengthen its impact delivery mechanisms.

Looking ahead, Paavai Foundation remains committed to expanding its reach, deepening its impact, and strengthening its partnerships. With a clear vision and a strong foundation built on trust, collaboration, and community engagement, the organization is well-positioned to scale its initiatives and continue driving meaningful change.

In conclusion, the Paavai Foundation's achievements are a testament to the collective efforts of our donors, supporters, volunteers, staff, and management. Their contributions and dedication fuel our mission to create a brighter, more equitable future for all. Thank you for being an integral part of our journey. Together, we have built a strong foundation that continues to uplift and empower communities.





Paavai Foundation



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